OREGON HEALTHY TEENS SURVEY 2005

This survey was developed to learn about risks to students' health and safety. The information you provide will be used to help school and communities develop ways to improve student health and safety in Oregon.

DO NOT WRITE YOUR NAME ON THIS SURVEY.

The answers you give will be kept private. No one will know how you answer.

This is **NOT** a test. There are no right or wrong answers, and your participation in this survey is **VOLUNTARY**. If you are not comfortable answering a question, you can leave it blank.

Please **do** answer each question you are comfortable with answering. Just because a question is asked, that **does not** mean that we believe you have engaged in a particular behavior. Each question has a response to indicate if you **did not** engage in that behavior. If you don't always find an answer that fits exactly, use the one that comes closest. If you are not sure what a question means, just leave it blank.

Please fill in only **ONE** bubble or answer, **unless** the question specifically asks you to **"Mark All that Apply."**

Marking Instructions

Make solid marks that fill in the response bubbles. If you make a mistake, please erase your mistake, then fill in the correct response.

1. Are you:

O Male O Female

- 2. What grade are you in?
 - $\bigcirc 7^{\text{th}}$ $\bigcirc 8^{\text{th}}$ $\bigcirc 9^{\text{th}}$ $\bigcirc 10^{\text{th}}$ $\bigcirc 11^{\text{th}}$ $\bigcirc 12^{\text{th}}$

3. How old are you?

O 12 or younger	O 16
O 13	017
0 14	\bigcirc 18 or older
O 15	

4. Are you Hispanic or Latino?

O Yes O No

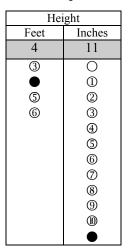
5. Which one or more of the following would you say is your race group? MARK ALL THAT APPLY O Asim

- O Asian
- O Black or African American
- O Native Hawaiian or Other Pacific Islander
- O White
- O American Indian or Alaska Native
- Which tribe(s) are you associated with?
- O Burns Paiute
- \bigcirc Coquille Indian Tribe
- O Klamath Tribes
- O Confederated Tribes of Grand Ronde
- \bigcirc Confederated Tribes of Warm Springs
- \bigcirc Confederated Tribes of Siletz
- \bigcirc Confederated Tribes of Coos, et al
- O Confederated Tribes of Umatilla
- \bigcirc Cow Creek Bank of Umpqua Indians
- \bigcirc Other Tribal affiliation

6. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes. Fill in the matching circle below each number.

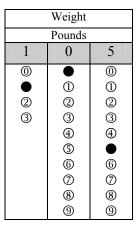
Example



Hei		
Feet	Feet Inches	
3	0	
4	1	
5	2	
6	3	
	4	
	5	
	6	
	\bigcirc	
	8	
	9	
	10	
	(1)	

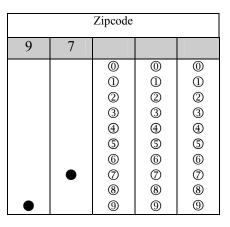
7. How much do you weigh without your shoes on? Directions: Write your weight in the shaded blank boxes. Fill in the matching circle below each number.

Example



	Weight							
	Pounds							
0	0	0						
1	1	1						
2	2	2						
3	3	3						
	4	4						
	5	5						
	6	6						
	\bigcirc	\bigcirc						
	8	8						
	9	9						

8. Please tell us your zip code.



HEALTH CARE ISSUES

9. When did you last go to a doctor or nurse practitioner for a check-up or physical exam when you were not sick or injured?

- During the past 12 months
- O Between 12 and 24 months ago
- More than 24 months ago
- O Never
- O Not sure
- 10. During the past 12 months, did you HAVE any of the following health care needs? MARK ALL THAT APPLY.

Count any situation where you thought you should see a doctor, nurse, or other health professional.)

- O Check-up or sports physical
- O Injury or accident
- O Illness
- Immunization/Vaccination
- Alcohol or other drug problem counseling
- Personal or emotional problem counseling
- Other need not listed here
- \bigcirc I had no health care needs
- 11. During the past 12 months, did you have any of the following health care needs that were NOT MET? MARK ALL THAT APPLY.

(Count any situation when you didn't see a doctor, nurse, or other health professional, even though you wanted to or thought you should.)

- O Check-up or sports physical
- O Injury or accident
- O Illness
- Immunization/Vaccination
- Alcohol or other drug problem counseling
- O Personal or emotional problem counseling
- Toothache
- Other need not listed here
- \bigcirc I had no health care needs

12. When did you last go to a dentist or dental hygienist for a check-up, exam, teeth cleaning, or other dental work?

- O During the past 12 months
- O Between 12 and 24 months ago
- More than 24 months ago
- O Never
- O Not sure

13. Have you ever had a cavity?

OYes ONo

14. Did you brush your teeth in the past 24 hours?

OYes ONo

QUESTIONS ABOUT ASTHMA

15. Has a doctor, nurse or other health professional ever told you that you have asthma?

> O Yes O No O Not sure

- 16. DURING THE PAST 12 MONTHS, have you had an episode of asthma or an asthma attack?
 - O Never had asthma
 - O Yes
 - O No
 - O Not sure

17. Do you still have asthma?

- \bigcirc I have never had asthma
- Yes, I still have asthma
- \bigcirc No, I no longer have asthma
- O Don't know/not sure

18. DURING THE PAST 30 DAYS, how many days of school did you miss because of your asthma?

- \bigcirc I don't have asthma
- O None
- \bigcirc One day
- \bigcirc Two to three days
- Four to six days
- \bigcirc Seven or more days
- Don't know/not sure
- 19. During the past 30 days, how many nights did symptoms of asthma make it difficult for you to stay asleep?
 - \bigcirc I don't have asthma
 - O None
 - One night
 - \bigcirc Two to three nights
 - Four to six nights
 - Seven or more nights
 - Don't know/not sure

QUESTIONS ABOUT NUTRITION

20. During the PAST 7 DAYS, how many times did you drink 100% fruit juices such as orange juice, apple juice, or grape juice?

(Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)

- I did not drink 100% fruit juice during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- \bigcirc 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

21. During the PAST 7 DAYS, how many times did you eat fruit?

(Do not count fruit juice.)

- I did not eat fruit during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- \bigcirc 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

22. During the PAST 7 DAYS, how many times did you eat green salad?

- I did not eat green salad during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

23. During the PAST 7 DAYS, how many times did you eat potatoes?

(Do not count French fries, fried potatoes, or potato chips.)

- I did not eat potatoes during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- \bigcirc 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

24. During the PAST 7 DAYS, how many times did you eat carrots?

- \odot I did not eat carrots during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- \bigcirc 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

25. During the PAST 7 DAYS, how many times did you eat other vegetables?

(Do not count green salad, potatoes, or carrots.)

- I did not eat other vegetables during the past 7 days
- \bigcirc 1 to 3 times during the past 7 days
- \bigcirc 4 to 6 times during the past 7 days
- \bigcirc 1 time per day
- \bigcirc 2 times per day
- \bigcirc 3 times per day
- \bigcirc 4 or more times per day

26. During the past 7 days, how many glasses of milk did you drink?

(Include the milk you drank in a glass or cup, from a carton, or with cereal. Count the half pint of milk served at school as equal to one glass.)

 \bigcirc I did not drink milk during the past 7 days

- 1 to 3 glasses during the past 7 days
- \bigcirc 4 to 6 glasses during the past 7 days
- 1 glass per day
- 2 glasses per day
- 3 glasses per day
- \bigcirc 4 or more glasses per day.

27. In the PAST 7 DAYS, on how many days did you eat breakfast?

- \bigcirc 0 days
- $\bigcirc 1 \text{ day}$
- \bigcirc 2-4 days
- \bigcirc 5-6 days
- 7 days

- 28. During the past 7 days, how many times did you drink soft drinks such as Coke, diet coke, Pepsi, Sprite, Slice, Dr. Pepper, or Mountain Dew?
 - I did not drink soft drinks in the past 7 days
 - \bigcirc 1 to 3 times during the past 7 days
 - \bigcirc 4 to 6 times during the past 7 days
 - \bigcirc 1 time per day
 - \bigcirc 2 times per day
 - \bigcirc 3 times per day
 - \bigcirc 4 or more times per day
- 29. During the past 7 days, how many days did you buy soft drinks at school?
 - I did not buy soft drinks at school
 - O 1 day
 - \bigcirc 2 days
 - \bigcirc 3 days
 - O 4 days
 - \bigcirc 5 or more days

QUESTIONS ABOUT PHYSICAL ACTIVITY

30. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

(Add up all the time you spend in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)

\bigcirc 0 days	\bigcirc 4 days
\bigcirc 1 day	\bigcirc 5 days
○ 2 days	\bigcirc 6 days
○ 3 days	○ 7 days

31. On how many of the past 7 days did you exercise or participate in physical activity for at least 20 minutes that made you sweat and breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities?

\bigcirc 0 days	\bigcirc 4 days
\bigcirc 1 day	\bigcirc 5 days
\bigcirc 2 days	\bigcirc 6 days
\bigcirc 3 days	\bigcirc 7 days

32. On how many of the past 7 days did you participate in physical activity for at least 30 minutes that DID NOT make you sweat or breathe hard, such as fast walking, slow bicycling, skating, pushing a lawn mower, or mopping floors?

\bigcirc 0 days	\bigcirc 4 days
○ 1 day	\bigcirc 5 days
○ 2 days	\bigcirc 6 days
\bigcirc 3 days	\bigcirc 7 days

33. In an average week when you are in school, on how many days do you go to physical education (PE) classes?

\bigcirc 0 days	\bigcirc 3 days
○ 1 day	\bigcirc 4 days
○ 2 days	\odot 5 days

- 34. During an average physical education (PE) class, how many minutes do you spend actually exercising or playing sports?
 - I do not take PE
 - Less than 10 minutes
 - \bigcirc 10 to 20 minutes
 - \bigcirc 21 to 30 minutes
 - \bigcirc 31 to 40 minutes
 - \bigcirc 41 to 50 minutes
 - \bigcirc 51 to 60 minutes
 - \odot More than 60 minutes

35. On an average school day, how many hours do you spend watching TV?

- I do not watch TV on an average school day
- O Less than 1 hour per day
- \bigcirc 1 hour per day
- \bigcirc 2 hours per day
- \bigcirc 3 hours per day
- \bigcirc 4 hours per day
- \bigcirc 5 hours or more per day

BODY WEIGHT SECTION

36. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

37. Which of the following are you trying to do about your weight?

- O Lose weight
- Gain weight
- \bigcirc Stay the same weight
- I am not trying to do anything about my weight
- 38. During the past 30 days, did you exercise to lose weight or to keep from gaining weight?

○ Yes ○ No

39. During the past **30** days, did you eat less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight?

○ Yes ○ No

40. During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

○ Yes ○ No

41. During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

○ Yes ○ No

- 42. During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?
 - Yes No

QUESTIONS ABOUT MOOD

43. During the past week how often did you feel depressed ?

\bigcirc 0 days	\bigcirc 3-4 days
O 1-2 days	O 5-7 days

44. During the past 30 days, how much of the time have you

a. been a very nervous person?

- All of the time
- \bigcirc Most of the time
- A good bit of the time
- \bigcirc Some of the time
- \bigcirc A little of the time
- None of the time

b. felt calm and peaceful?

- \bigcirc All of the time
- \bigcirc Most of the time
- \bigcirc A good bit of the time
- \bigcirc Some of the time
- \bigcirc A little of the time
- \bigcirc None of the time

c. felt downhearted and blue?

- \bigcirc All of the time
- \bigcirc Most of the time
- \bigcirc A good bit of the time
- \bigcirc Some of the time
- \bigcirc A little of the time
- \bigcirc None of the time

d. been a happy person?

- All of the time
- \bigcirc Most of the time
- \bigcirc A good bit of the time
- \bigcirc Some of the time
- A little of the time
- \bigcirc None of the time

e. felt so down in the dumps that nothing could cheer you up?

- \bigcirc All of the time
- Most of the time
- \bigcirc A good bit of the time
- \bigcirc Some of the time
- \bigcirc A little of the time
- \bigcirc None of the time

- 45. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?
 - OYes ONo
- 46. During the past 12 months, did you ever seriously consider attempting suicide?

OYes ONo

- 47. During the past 12 months, how many times did you actually attempt suicide?
 - \bigcirc 0 times
 - 1 time
 - \bigcirc 2 or 3 times
 - \bigcirc 4 or 5 times
 - \bigcirc 6 or more times
- 48. If you attempted suicide during the past 12 months, did any attempt result in an injury, poisoning, or overdose that had to be treated by a doctor or nurse?
 - O I did not attempt suicide in the past 12 months
 - O Yes
 - O No

QUESTIONS ABOUT SEXUAL BEHAVIOR

49. Have you ever had sexual intercourse?

OYes ONo

- 50. How old were you when you had sexual intercourse for the first time?
 - I have never had sexual intercourse
 - \bigcirc 11 years old or younger
 - 12 years old
 - O 13 years old
 - O 14 years old
 - \bigcirc 15 years old
 - \bigcirc 16 years old
 - 17 years old or older
- 51. During your life, with how many people have you had sexual intercourse?
 - O I have never had sexual intercourse
 - \bigcirc 1 person
 - $\bigcirc 2$ people
 - \bigcirc 3 people
 - \bigcirc 4 people
 - \bigcirc 5 people
 - \bigcirc 6 or more people

- 52. During the past 3 months, with how many people did you have sexual intercourse?
 - I have never had sexual intercourse
 - I have had sexual intercourse, but not during the past 3 months
 - 1 person
 - \bigcirc 2 people
 - \bigcirc 3 people
 - \bigcirc 4 people
 - \bigcirc 5 people
 - \bigcirc 6 or more people
- 53. Did you drink alcohol or use drugs before you had sexual intercourse the last time?
 - I have never had sexual intercourse
 - O Yes
 - O No
- 54. The last time you had sexual intercourse, did you or your partner use a condom?
 - \bigcirc I have never had sexual intercourse \bigcirc Yes
 - O No
- 55. The last time you had sexual intercourse, what one method did you or your partner use to <u>prevent pregnancy</u>?
 - \bigcirc I have never had sexual intercourse
 - No method was used to prevent pregnancy
 - Birth control pills
 - \bigcirc Condoms
 - O Depo Provera (birth control shot)
 - O Withdrawal
 - \bigcirc Some other method
 - O Not sure
- 56. During the last 12 months have you been taught about AIDS or HIV infection in school?
 - O Yes ○ No
 - O Not Sure

QUESTIONS ABOUT UNWANTED BEHAVIOR, HARASSMENT AND THREATS

57. Have you ever been forced to have sexual intercourse when you did not want to?

O Yes O No

58. During your life, has any adult ever had sexual contact with you?

O Yes O No

59. During the past 12 months, did your boyfriend or girlfriend ever hit slap, or physically hurt you on purpose?

○ Yes ○ No

60. During your life, has any adult ever intentionally hit or physically hurt you?

O Yes O No

The next question asks about harassment at school. Harassment can include threatening, bullying, namecalling or obscenities; offensive notes or graffiti; unwanted touching, and physical attacks.

- 61. During the PAST 12 MONTHS, have you ever been harassed at school (or on the way to or from school) in relation to any of the following issues? (Please mark all that apply)
 - O Harassment about your race or ethnic origin
 - O Unwanted sexual comments or attention
 - Harassment because someone thought you were gay, lesbian or bisexual
 - Harassment about your weight, clothes, acne, or other physical characteristics
 - O Harassment about your group of friends
 - \bigcirc Other reasons
 - \bigcirc I have not been harassed.

QUESTIONS ABOUT GENERAL SAFETY

62. When you rode a bicycle during the PAST 12 MONTHS, how often did you wear a helmet?

- I did not ride a bicycle during the past 12 months
- Never wore a helmet
- Rarely wore a helmet
- Sometimes wore a helmet
- \bigcirc Most of the time wore a helmet
- Always wore a helmet

- 63. How often do you wear a seat belt when riding in a car driven by someone else?
 - Never○ Rarely
 - Sometimes
 - Most of the time
 - O Always
- 64. During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol
 - \bigcirc 0 times
 - O 1 time
 - \bigcirc 2 or 3 times
 - \bigcirc 4 or 5 times
 - \circ 6 or more times
- 65. During the past 30 days, how many times did you ride in a car or other vehicle driven by a teenager who had been drinking alcohol?
 - \bigcirc 0 times
 - O 1 time
 - \bigcirc 2 or 3 times
 - \bigcirc 4 or 5 times
 - \bigcirc 6 or more times
- 66. During the past 30 days, how many times did you ride in a car or other vehicle driven by a parent or other adult who had been drinking alcohol?
 - \bigcirc 0 times
 - 1 time
 - \bigcirc 2 or 3 times
 - \bigcirc 4 or 5 times
 - \bigcirc 6 or more times
- 67. During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?
 - $\bigcirc 0 \text{ days}$ $\bigcirc 1 \text{ day}$
 - \bigcirc 2 or 3 days \bigcirc 4 or 5 days
 - \circ 6 or more days

68. During the past 30 days, on how many days did you:			0 days	1 day	2 or days		or 5 (ays	5 or more days
a. Carry a gun			0	0	0	(0	0
b. Carry a weapon other than a gun (such as a knife, club, or other weapon)			0	0	0	(0	0
c. Carry a gun on school property			0	0	0	(0	0
d. Carry a weapon other than a gun on scho	ol prope	erty	0	0	0	(0	0
69. IN THE PAST 12 MONTHS, how many times:	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 time:	more
a. Were you in a physical fight on school property?	0	0	0	0	0	0	0	0
b. Has someone threatened you with a weapon such as a gun, knife, or club on school property?	0	0	0	0	0	0	0	0
c. Has someone injured you with a weapon on school property?	0	0	0	0	0	0	0	0
d. Has someone taken money or things directly from you by using force, a	0	0	0	0	0	0	0	0

weapon or threats in school or on

e. Has someone deliberately damaged your property (such as clothing,

school property?

seriously hurting them?

h. Been arrested?

books, or other property) in school or on school property?	0	0	0	0	0	0	0	0
f. Have you been drunk or high at school?	0	0	0	0	0	0	0	0
g. Have you been suspended from school	? 0	0	0	0	0	0	0	0
h. Has anyone offered, sold or given you an illegal drug on school property?	0	0	0	0	0	0	0	Ο
70. During the PAST 12 MONTHS, how many times have you:	0 times	1 time	2 or 3 times	4 or 5 times	6 or 7 times	8 or 9 times	10 or 11 times	12 or more times
a. Gambled (e.g., bought lottery tickets or tabs, bet money on sports teams or card games, etc.)?	0	0	0	0	0	0	0	0
b. Carried a handgun?	0	0	0	0	0	0	0	0
c. Sold illegal drugs?	0	0	0	0	0	0	0	0
d. Stolen or tried to steal a motor vehicle such as a car or motorcycle?	0	0	0	0	0	0	0	0
e. Been in a physical fight	0	0	0	0	0	0	0	0
f. Been in a physical fight in which you were injured and had to be treated by a doctor or nurse?	0	0	0	0	0	0	0	0
g. Attacked someone with the idea of	0	0	0	0	0	0	0	0

Ο

Ο

Ο

Ο

Ο

Ο

Ο

0

Your participation in this survey is voluntary.

Ο

0

Ο

0

Ο

0

Ο

0

Ο

0

Ο

0

Ο

Ο

0

71. How old were you when you smoked a whole cigarette for the first time?

O Never have	011	O 15
\bigcirc 8 or younger	O 12	O 16
09	O 13	\bigcirc 17 or older
O 10	014	

72. During the past 30 days, on how many days did you smoke cigarettes?

\bigcirc 0 days	\bigcirc 6 to 9 days
\bigcirc 1 or 2 days	\bigcirc 10 to 19 days
\bigcirc 3 to 5 days	\bigcirc 20 to 29 days
	○ All 30 days

73. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- I did not smoke cigarettes during the past 30 days
- Less than 1 cigarette per day
- \bigcirc 1 cigarette per day
- \bigcirc 2 to 5 cigarettes per day
- \bigcirc 6 to 10 cigarettes per day
- \bigcirc 11 to 20 cigarettes per day
- More than 20 cigarettes per day

74. During the past 30 days, on how many days did you use chewing tobacco, snuff, or clip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

○ 0 days
 ○ 1 or 2 days
 ○ 3 to 5 days
 ○ 20 to 29 days
 ○ All 30 days

75. During the past 30 days, on how many days did you smoke cigarettes on school property?

\bigcirc 0 days	
\bigcirc 1 or 2 days	
\bigcirc 3 to 5 days	

6 to 9 days 10 to 19 days 20 to 29 days All 30 days

76. During the past 30 days, on how many days did you use chewing tobacco, snuff, or clip, on school property?

\bigcirc 0 days	\bigcirc 6 to 9 days
\bigcirc 1 or 2 days	\bigcirc 10 to 19 days
\bigcirc 3 to 5 days	\bigcirc 20 to 29 days
	○ All 30 days

77. Did you ever try to quit using tobacco?

- I did not use tobacco in the past 12 months
- O Yes
- O No

78. Does someone living in your house (other than you) smoke cigarettes?

- Nobody smokes
- Someone smokes, but not inside the house
- Someone smokes inside the house

79. Is there a rule against tobacco in your school?

- There is no rule
- There is a rule, but it isn't enforced
- There is a rule and it is sometimes enforced
- O There is a rule and it is strictly enforced

80. During the last 12 months have you been taught about tobacco in school?

- O Yes
- O No
- \bigcirc Not Sure

81. If one of your best friends were to offer you a cigarette, would you smoke it?

- Definitely not
- Probably not
- Probably would
- Definitely would
- 82. During the past 12 months, have you seen teachers or staff smoke on school property?

○ Yes ○ No

- 83. If you wanted to get some tobacco (for example, cigarettes or chewing tobacco), how easy would it be for you to get some?
 - Very easySort of easy
- Sort of hard○ Very hard

84. During the past 30 days, how many times did								15 or
you get tobacco (cigarettes, chew, snuff, or		1	2	3	4	5-9	10-14	more
cigars) from each of the following sources?	None	time	times	times	times	times	times	times
a, Grocery stores	0	0	0	0	0	0	0	0
b. Vending machines	0	0	0	0	0	0	0	0
c. Convenience stores (such as 7-Eleven)	0	0	0	0	0	0	0	0
d. Drug stores	0	0	0	0	0	0	0	0
e. Gas stations	0	0	0	0	0	0	0	0
f. Friends older than 18	0	0	0	0	0	0	0	0
g. Friends under 18	0	0	0	0	0	0	0	0
h. Took from home without permission	0	0	0	0	0	0	0	0
i. A parent	0	0	0	0	0	0	0	0
j. A brother or sister	0	0	0	0	0	0	0	0
k. Through the Internet	0	0	0	0	0	0	0	0
1. People selling tobacco on the street	0	0	0	0	0	0	0	0

ALCOHOL AND OTHER DRUGS

85. On how many occasions (if any) have you had beer or wine (non-religious) or hard liquor (for example, vodka, whiskey, or gin)to drink during the past 30 days?

\bigcirc 0 occasions	\bigcirc 6-9 occasions
○ 1-2 occasions	\bigcirc 10 or more occasions
\bigcirc 3-5 occasions	

86. How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

○ Never have	011	O 15
\bigcirc 8 or younger	O 12	O 16
09	0 13	\bigcirc 17 or older
O 10	0 14	

87. During the past 30 days, on how many days did you have at least one drink of alcohol?

\bigcirc 0 days	\bigcirc 6 to 9 days
\bigcirc 1 or 2 days	\bigcirc 10 to 19 days
\bigcirc 3 to 5 days	\bigcirc 20 to 29 days
	\bigcirc All 30 days

88. During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

\bigcirc 0 days	\bigcirc 6 to 9 days
\bigcirc 1 or 2 days	○ 10 to 19 days
\bigcirc 3 to 5 days	○ 20 to 29 days
	\bigcirc All 30 days

89. During the past 30 days, on how many days did you have at least one drink of alcohol on school property?

- 0 days
 1 or 2 days
 3 to 5 days
 6 to 9 days
 10 to 19 days
 20 to 29 days
 All 30 days
- 90. If you wanted to get some beer, wine or hard liquor (for example, vodka, whiskey or gin), how easy would it be for you to get some?
 O Very easy
 O Sort of hard
 O Sort of easy
 O Very hard

91. During the past 30 days, how many times did you use marijuana?

- \bigcirc 0 times
- \bigcirc 1 or 2 times
- \bigcirc 3 to 9 times
- \bigcirc 10 to 19 times
- \bigcirc 20 to 39 times
- \bigcirc 40 or more times
- 92. How old were you when you tried marijuana or hashish for the first time?

○ Never have	O 11	O 15
\bigcirc 8 or younger	0 12	O 16
09	0 13	\bigcirc 17 or older
O 10	0 14	

- 93. During the past 30 days, how many times did you use marijuana on school property?
 - \bigcirc 0 times
 - \bigcirc 1 or 2 times
 - \bigcirc 3 to 9 times
 - \bigcirc 10 to 19 times
 - \bigcirc 20 to 39 times
 - \bigcirc 40 or more times

94. During the past 30 days, how many times did you get alcohol (beer, wine, or hard liquor)		1	2	3	4	5-9	10-14	15 or more
from each of the following sources?	None	time	times	times	times	times	times	times
a, Grocery stores	0	0	0	0	0	0	0	0
b. Convenience stores (such as 7-Eleven)	0	0	0	0	0	0	0	0
c. Gas stations	0	0	0	0	0	0	0	0
d. Friends older than 21	0	0	0	0	0	0	0	0
e. Friends under 21	0	0	0	0	0	0	0	0
f. Took from home without permission	0	0	0	0	0	0	0	0
g. A parent	0	0	0	0	0	0	0	0
h. A brother or sister	0	0	0	0	0	0	0	0
i. Through the Internet	0	0	0	0	0	0	0	0
j. By asking a stranger to buy it for me	0	0	0	0	0	0	0	0
k. Liquor store	0	0	0	0	0	0	0	0
1. Bar/Night Club or Restaurant	0	0	0	0	0	0	0	0

95. DURING THE PAST 30 DAYS, on how many occasions (if any) have you:	0 occasions	1-2 occasions	3-5 occasions	6-9 occasions	10 or more occasions
a. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	0	0	0	0	0
b. Used prescription drugs (without a doctor's orders) to get high?	0	0	0	0	0
c. Used methamphetamines (also called speed, crystal, crank, or ice)?	0	0	0	0	0
d. Used any form of cocaine, including powder, crack, or freebase??	0	0	0	0	0
e. Used heroin or other opiates or narcotics?	0	0	0	0	0
f. Used Ecstasy or MDMA?	0	0	0	0	0
g. Used LSD or other hallucinogens or psychedelics?	0	0	0	0	0

96. How much do think people risk harming themselves (physically or in other ways) if they:	No risk	Slight Risk	Moderate Risk	Great Risk
a. Smoke one or more packs of cigarettes per day?	0	0	0	0
b. Try marijuana once or twice?	0	0	0	0
c. Smoke marijuana regularly?	0	0	0	0
d. Take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	0	0	0	0

97. During YOUR LIFE, how many times have you:	0 times	1 or 2 times	3 to 9 times	10-19 times	20-39 times	40 or more times
a. Used any form of cocaine, including powder, crack, or freebase?	0	0	0	0	0	0
b. Sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?	0	0	0	0	0	0
c. Used heroin (also called smack, junk, or China White)?	0	0	0	0	0	0
d. Used methamphetamines (also called speed, crystal, crank, or ice)?	0	0	0	0	0	0
e. Used ecstasy (also called MDMA)?	0	0	0	0	0	0
f. Taken steroid pills or shots without a doctor's prescription?	0	0	0	0	0	0
g. Used a needle to inject any illegal drug into your body?	0	0	0	0	0	0

QUESTIONS ABOUT FAMILY, FRIENDS, COMMUNITY AND SCHOOL

Family

98. In my home, there is a parent or some other adult who always wants me to do my best.

\bigcirc Very much true	\bigcirc A little true
• Pretty much true	○ Not at all true

99. How wrong do your parents feel it would be for you to:

a. smoke cigarettes?

O Very WrongO WrongO Not wrong at all

b. drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly?

○ Very Wrong	○ A little bit wrong
○ Wrong	○ Not wrong at all

c. smoke marijuana?

○ Very Wrong	\bigcirc A little bit wrong
○ Wrong	○ Not wrong at all

Friends and Personal Beliefs

100. How wrong do you think it is for someone your age to:

a. Smoke cigarettes?

○ Very Wrong	○ A little bit wrong
O Wrong	• Not wrong at all

- b. Drink beer, wine, or hard liquor (for example, vodka, whiskey, or gin) regularly?
 - O Very WrongO WrongO Not wrong at all

c. Smoke marijuana?

○ Very Wrong	○ A little bit wrong
○ Wrong	○ Not wrong at all

d. Use LSD, cocaine, amphetamines, or another illegal drug?

○ Very Wrong	○ A little bit wrong
○ Wrong	\bigcirc Not wrong at all

Community or with an adult other than your parents or guardian

101. Outside of my home and school, there is an adult who always wants me to do my best.

○ Very much true	\bigcirc A little true
○ Pretty much true	○ Not at all true

School

102.	At my school, there is a teacher or some		
	other adult, who believes that I will be a		
	success.		

\bigcirc Very much true	\bigcirc A little true
○ Pretty much true	\bigcirc Not at all true

103. There are lots of chances for students in my school to talk with a teacher one-on-one?

\bigcirc Very much true	○ A little true
O Pretty much true	○ Not at all true

104. There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class

\bigcirc Very much true	\bigcirc A little true
\bigcirc Pretty much true	\bigcirc Not at all true

Your school or school district may have chosen to add some questions to this survey. The question(s) have been handed out on a separate sheet of paper or written on the blackboard.

Fill in the corresponding answers to those questions here:

1. ABCDEFGH	8. ABCDEFGH
2. ABCDEFGH	9. ABCDEFGH
3. ABCDEFGH	10. A B C D E F G H
4. ABCDEFGH	11. ABCDEFGH
5. ABCDEFGH	12. ABCDEFGH
6. A B C D E F G H	13. ABCDEFGH
7. ABCDEFGH	14. ABCDEFGH