## 2000 Massachusetts Behavioral Risk Factor Surveillance System Combined Questionnaire December 22, 1999

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Introduction	
HELLO, I'm	calling for the Massachusetts Department of Public Health and the Center
	rention. We're gathering information on the health practices of
Massachusetts residents to gu	uide state health policies. Your phone number has been chosen randomly
and we'd like to ask some que	estions about day-to-day living habits that may affect health.
Is this ?	No Thank you very much, but I seem to have dialed the wro number, It's possible that your number may be called at a later tire.  Stop
Is this a private residence? private residences. <b>Stop</b>	<b>No</b> Thank you very much, but we are only interviewi
•	one adult who lives in your household to be interviewed. How many including yourself, are 18 years of age or older? (62-63)
If "1" Are you the adult?	
If "yes"	Then you are the person I need to speak with. Go to page 3
If ''no''	May I speak with him or her? Go to "correct respondent" at bottom
	page
How many of these adults are	e men and how many are women?
,	Number of men (64)
	Number of women (65)
Who is the oldest man who p	resently lives in this household?
Who is the next oldest man w	who presently lives in this household? ETC.
Who is the oldest woman wh	o presently lives in this household?
	n who presently lives in this household? <b>Etc.</b>
The person in your household	d that I need to speak with is
-	If "you," go to page 3
To correct respondent	
	calling for the Massachusetts Department of Public Health and the Center
	rention. We're gathering information on the health practices of
Massachusetts residents to ou	uide state health policies

You have been chosen randomly to be interviewed, and we'd like to ask some questions about day-to-day living habits that may affect health. We do not ask for your name, address, or other personal information that identifies you. There are no risks or benefits to you being in this survey. Taking part is up to you. You don't have to answer any question you don't want to, and you are free to end the interview at any time. The interview takes *about 20* minutes. All information you give us will be confidential. If you have any questions about this survey, I will provide a telephone number for you to call to get more information.

## **Section 1: Health Status**

This call may be monitored for quality assurance purposes.

1.1.	Would you say that in general your health is:	(66)
	Please Read	
	<ul><li>a. Excellent</li><li>b. Very good</li></ul>	1
	c. Good	2 3
	d. Fair	4
	or	7
	e. Poor	5
not	Don't know/Not Sure	7
d these		·
onses	Refused	9
1.2.	Now thinking about your physical health, which includes physical illness a many days during the past 30 days was your physical health not good?	nd injury, for how (67-68)
	a. Number of days	<del>-</del> -
	b. None	8 8
	Don't know/Not sure	7 7
	Refused	9 9
1.3.	1.3. Now thinking about your mental health, which includes stress, depression, and proble emotions, for how many days during the past 30 days was your mental health not goo a. Number of days	
	b. None If Q1.2 also "None," go to Q2.1	8 8
	Don't know/Not sure	7 7
	Refused	9 9
1.4.	During the past 30 days, for about how many days did poor physical or me from doing your usual activities, such as self-care, work, or recreation?	ental health keep you (71-72)
	a. Number of days	
	b. None	8 8
	Don't know/Not sure	7 7
	Refused	9 9

#### **Section 2: Health Care Access**

	Do you have any kind of health care coverage, including health insurance, prepare HMOs, or government plans such as Medicare?	d plans such as (73)
	<ul> <li>a. Yes</li> <li>b. No Go to Q2.3a</li> <li>Don't know/Not sure Go to Q2.6</li> <li>Refused Go to Q2.6</li> </ul>	1 2 7 9
	Medicare is a coverage plan for people 65 or over and for certain disabled peopl Medicare?	e. Do you have (74)
	<ul> <li>a. Yes Go to Q2.6</li> <li>b. No Don't know/not sure Refused </li> </ul>	1 2 7 9
2.3. What type of health care coverage do you use to pay for most of your medical care?(75-7  Is it coverage through: Coverage Code		are?(75-76) — —
	Please Read	
	<ul> <li>a. Your employer Go to Q2.4</li> <li>b. Someone else's employer Go to Q2.4</li> <li>c. A plan that you or someone else buys on your own Go to Q2.4</li> </ul>	0 1 0 2 0 3
	<ul> <li>d. Medicare Go to Q2.6</li> <li>e. Medicaid or Masshealth</li> <li>f. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] Go to Q2.4</li> </ul>	0 4 0 5
	g. The Indian Health Service [or the Alaska Native Health Service] Go to Q2.4 or	0 7
	h. Some other source Go to Q2.4	0 8
Do not read these responses	None Go to Q2.5  Don't know/Not sure Go to Q2.4  Refused Go to Q2.4 (p. 8)	8 8 7 7 9 9

2.3a. There are some types of coverage you may not have considered. Please tell me if you have any of the following: (77-78)

	Coverage through: Coverage Code	
	Please Read	
re than sk ch type	<ul><li>a. Your employer</li><li>b. Someone else's employer</li><li>c. A plan that you or someone else buys on</li></ul>	0 1 0 2
u use to or most ir	your own d. Medicare <b>Go to Q2.6</b> e. Medicaid or Masshealth	0 3 0 4 0 5
cal care?"	f. The military, CHAMPUS, TriCare, or the VA  [or CHAMP-VA] g. The Indian Health Service [or the Alaska	0 6
	Native Health Service] or h. Some other source	07
it these nses	None Go to Q2.5 Don't know/Not sure Go to Q2.6 Refused Go to Q2.6	8 8 7 7 9 9
2.4.	During the past 12 months, was there any time that you did not have any health is coverage?	insurance or (79)
	<ul> <li>a. Yes Go to Q2.6</li> <li>b. No Go to Q2.6</li> <li>Don't know/Not sure Go to Q2.6</li> <li>Refused Go to Q2.6</li> </ul>	1 2 7 9
2.5.	About how long has it been since you had health care coverage?	(80)
	Read Only if Necessary  a. Within the past 6 months (1 to 6 months ago)  b. Within the past year (6 to 12 months ago)  c. Within the past 2 years (1 to 2 years ago)	1 2 3

	d. Within the past 5 years (2 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Never	8
	Refused	9
2.6.	Was there a time during the last 12 months when you needed to see a doctor, b because of the cost?	ut could not (81)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
2.7.	About how long has it been since you last visited a doctor for a routine checkup	? (82)
	Read Only if Necessary	
A routine	a. Within the past year (1 to 12 months ago)	1
checkup i	is a b. Within the past 2 years (1 to 2 years ago)	2
general p	hys- c. Within the past 5 years (2 to 5 years ago)	3
ical exam	, not d. 5 or more years ago	4
an exam	for Don't know/Not sure	7
a specific	Never	8
injury, ill	- Refused	9
ness, or c dition	on-	
Section	on 3: Asthma	
3.1	Did a doctor ever tell you that you had asthma?	(83)
	a. Yes	1
	b. No <b>Go to Q4.1</b>	2
	Don't know/Not sure Go to Q4.1	7
	Refused Go to Q4.1	9
3.2	Do you still have asthma?	(84)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

#### **Section 4: Diabetes**

4.1.	Have you ever been told by a doctor that you have diabetes?	(85)
Yes" and ale, ask as this y when	<ul><li>a. Yes</li><li>b. Yes, but female told only during pregnancy go to Q5.1</li></ul>	1 2
were gnant?"	c. No <b>go to Q5.1</b> Don't know/Not sure <b>go to Q5.1</b> Refused <b>go to Q5.1</b>	3 7 9
Module	1: Diabetes	
MOD1.	1. How old were you when you were told you have diabetes?	(202-203)
	Code age in years [97 = 97 and older]	
	Don't know/Not sure Refused	9 8 9 9
MOD1.2	2. Are you now taking insulin?	(204)
	<ul><li>a. Yes</li><li>b. No</li><li>Don't know/not sure</li><li>Refused</li></ul>	1 2 7 9
MOD1.	3. Are you now taking diabetes pills?	(205)
	<ul><li>a. Yes</li><li>b. No</li><li>Don't know/Not sure</li><li>Refused</li></ul>	1 2 7 9

MOD1.4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (206-207)

a. Times per day	1
b. Times per week	2
c. Times per month	3
d. Times per year	4
e. Never	8 8 8
Don't know/Not sure	7 7 7
Refused	999

MOD1.5 About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

	(209-211)
a. Times per day	1
b. Times per week	2
c. Times per month	3
d. Times per year	4
e. Never	8 8 8
No Feet	5 5 5
Don't know/Not sure	777
Refused	999

MOD1.6. Have you had any sores or irritations on your feet that took more than four weeks to heal?

	(212)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MOD1.7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (213-214)

a. Number of times	
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9

MOD1.8. A test for hemoglobin "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (215-216)

a. Number of times $[76 = 76 \text{ or more}]$	<del>_</del> -
b. None	8 8
C. Never heard of hemoglobin "A one C" test	98
Don't know/Not sure	7 7
Refused	99

#### **If MOD1.5 = 555, then go to MOD 1.10; ELSE GO TO MOD1.9**

MOD1.9.About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? (217-218)

a. Number of times	<u> </u>
b. None	8 8
Don't know/Not sure	7 7
Refused	99

#### **State-Added Diabetes**

MA4.1 When was the last time you had an exam in which your feet were examined for numbness or loss of feeling? This would have involved a doctor or other health professional using a metal or plastic instrument on your foot. (401)

#### **Read Only if Necessary**

a. Within the past month (0 to 1 month ago)	1
b. Within the past year (1 to 12 months ago)	2
c. Within the past 2 years (1 to 2 years ago)	3
d. 2 or more years ago	4
e. Never	8
Don't know/Not sure	7
Refused	9

MOD1.10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (219)

#### **Read Only if Necessary**

a. Within the past month (0 to 1 month ago)	1
b. Within the past year (1 to 12 months ago)	2
c. Within the past 2 years (1 to 2 years ago)	3
d. 2 or more years ago	4
e. Never	8
Don't know/Not sure	7
Refused	9

MOD1.11. Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy? (220)

a. Yes	1
b. No	2

Don't know/Not sure	7
Refused	9

MOD1.12. Have you ever taken a course or class in how to manage your diabetes yourself? (221)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA4.2 Besides a course or class, have you received education from any of the following on how to care for your diabetes--

	<u>Yes</u>	<u>No</u>	Don't know	Refused
a. a nurse or nurse practitioner?	1	2	7	9 (504)
b. a nutritionist or dietitian	1	2	7	9 (505)
c. a doctor?	1	2	7	9 (506)
or				
d. someone else {specify:}	1	2	7	9 (507)

#### **Section 5: Care Giving**

5.1. There are situations where people provide regular care or assistance to a family member or friend who is elderly or has a long-term illness or disability. During the past month, did you provide any such care or assistance to a family member or friend who is 60 years of age or older?

(86)

a. Yes	1
b. No	2
Don't Know/Not Sure	7
Refused	9

5.2. Who would you call to arrange short or long-term care in the home for an elderly relative or friend who was no longer able to care for themselves? (87-88)

## **Read Only if Necessary**

		0.1
a.	Relative or friend	0 1
b.	Would provide care myself	0 2
c.	Nursing home	0 3
d.	Home health service	0 4
e.	Personal physician	0 5
f.	Area Agency on Aging	0 6
g.	Hospice	0 7
h.	Hospital nurse	0 8
i.	Minister/priest/rabbi	0 9

	j. i.	Other Don't know who to call Refused	1 0 1 1 9 9	
Section	<b>6:</b> Exe	rcise		
The nex duties.	t few qu	estions are about exercise, recreation, or physical activities other	r than your regular job	
6.1.		the past month, did you participate in any physical activities or enics, golf, gardening, or walking for exercise?	exercises such as running, (89)	
	a. Y	Yes	1	
		No <b>Go to Q7.1</b>	2	
		Don't know/Not sure Go to Q7.1	7	
		Refused Go to Q7.1	9	
6.2.	What ty	ype of physical activity or exercise did you spend the most time	doing during the past (90-91)	
		Activity [specify]: See coding list A		
		Refused Go to Q6.6	9 9	
IF Q6.2 is running, jogging, walking, or swimming, then go to Q6.3. Else go to Q6.4.				
6.3.	How fa	ar did you usually walk/run/jog/swim?	(92-94)	
ee coding	Mile	es and tenths	<b></b>	
st B if esponse is ot in miles	Don	n't know/Not sure	7 7 7	
nd tenths	Refu	used	999	
6.4.	How m (95-	nany times per week or per month did you take part in this activi 197)	ty during the past month?	
	а. Т	Times per week	1	
	b. Т	Γimes per month	2	

	Don't know/Not sure Refused	7 7 7 9 9 9
6.5. it?	And when you took part in this activity, for how many minutes or hours did yo	ou usually keep at (98-100)
	Hours and minutes	_:
	Don't know/Not sure Refused	7 7 7 9 9 9
6.6.	Was there another physical activity or exercise that you participated in during (101)	the last month?
	<ul> <li>a. Yes</li> <li>b. No Go to Q7.1</li> <li>Don't know/Not sure Go to Q7.1</li> <li>Refused Go to Q7.1</li> </ul>	1 2 7 9
6.7.	What other type of physical activity gave you the next most exercise during the (102-103)	ne past month?
	Activity [specify]: See coding list A	
	Refused Go to Q7.1	9 9
IF Q	6.7 is running, jogging, walking, or swimming, then go to Q6.8. Else go to Q	96.9.
6.8.	How far did you usually walk/run/jog/swim?	(104-106)
See coding	Miles and tenths	
list B if response is	Don't know/Not sure	777
not in miles and tenths	Refused	999
6.9.	How many times per week or per month did you take part in this activity?	(107-109)
	a. Times per week	1

	b. Times per month	2
	Don't know/Not sure Refused	7 7 7 9 9 9
6.10. it?	And when you took part in this activity, for how many minutes or hours did	you usually keep at (110-112)
	Hours and minutes	_:
	Don't know/Not sure Refused	7 7 7 9 9 9
Section	7: Tobacco Use	
7.1.	Have you smoked at least 100 cigarettes in your entire life?	(113)
packs 100 garettes	<ul><li>a. Yes</li><li>b. No Go to MA7.24</li></ul>	1 2
şarcııcıs	Don't know/Not sure Go to MA7.24 Refused Go to MA7.24	7 9
State-A	Added Tobacco Use	
MA7.1	About how old were you when you smoked your first whole cigarette?	(508-509)
	Age (years) 7 or younger 76 or older Don't know/Not sure Refused	
	About how old were you when you first started smoking fairly regularly? (A PER WEEK)	T LEAST 1-2 (510-511)
	Age (years) 10 or younger 76 or older Never Smoked Regularly Don't know/Not sure Refused	10 76 88 77 99

	7.2.	Do you now smoke cigarettes everyday, some days, or not at all?	(114)
		<ul> <li>a. Everyday</li> <li>b. Some days Go to MA7.3</li> <li>c. Not at all Go to Q7.5 Refused Go to MA7.24</li> </ul>	1 2 3 9
	7.3.	On the average, about how many cigarettes a day do you now smoke?	(115-116)
1 pack		Number of cigarettes [76 = 76 or more] Go to MA7.4	
cigure	ettes	Don't know/Not sure Go to MA7.4 Refused Go to MA7.4	7 7 9 9
	MA7.3	On how many of the past 30 days did you smoke cigarettes?	(512-513)
		Number of Days None Don't know/Not sure Refused	 88 77 99
	If MA7	7.3=88 Autocode 7.3a=99, Go to MA7.4	
	7.3a.	On the average, when you smoked during the past 30 days, about how many cig smoke a day?	arettes did you (117-118)
1 pack		Number of cigarettes [76 = 76 or more]	
9		Don't know/Not sure Refused	7 7 9 9
	MA7.4	How soon after you awake in the morning do you usually smoke your first cigare	ette? (514-517)
		Hours and minutes: Immediately Don't know/Not sure Refused	0000 2357 2359

## Go to MA7.6

7.5. About how long has it been since you last smoked cigarettes regularly, that is, daily? (120-121)

Time code  Read Only if Necessary	y		
a. Within the past mont	h (0 to 1 month ago)	Go to MA7.6	0 1
b. Within the past 3 mo	•		0 2
c. Within the past 6 mo			03
d. Within the past year			0 4
e. Within the past 5 year	`		0.5
f. Within the past 15 ye	, ,	Go to MA7.24	0 6
g. 15 or more years ago			0 7
Don't know/Not s	ure Go to MA7.24		7 7
<del>_</del>	ularly Go to MA7.24		8 8
Refused Go to M	A7.24		99
MA7.5 Was this within the past thro	ee years?		(518)
a. Within the past three	vears CO TO MA7 1	5	1
b. More than three year	<del>-</del>	S	2
•	ure <b>GO TO MA7.24</b>		7
Refused <b>GO TO</b>			9
MA7.6 {IF Q7.2 = 1,2}: What brand do you usually smoke? {IF Q7.2 = 3}: Just before you quit smoking, what brand did you usually smoke?			
BASIC	06	MONTCLAIR	56
BENSON & HEDGES	08	NEWPORT	62
CAMBRIDGE	16	NOW	64
CAMEL	18	PALL MALL	66
CARLTON	20	PARLIAMENT	68
GPC	32	SALEM	84
KENT	36	STERLING	85
KOOL	38	TRUE	88
LUCKY STRIKE	46	VICEROY	90
MARLBORO	48	VIRGINIA SLIMS	92
MERIT	50	WINSTON	94
MISTY	52	ALL DIFF TYPE	95
MONARCH	54	GENERICS IN GEN.	96
		OTHER	97
		DON'T KNOW	77
		REFUSED	99
MA7.7 Are the words "light" or "ult you usually { <b>IF Q7.2</b>			(521)

	a. Light	1
Probe for		2
which	c. Yes, but can't remember which	3
	d. No	4
	Don't know	7
	Refused	9
MA7.8 {]	<b>F Q7.2 = 1,2</b> }: Do { <b>IF Q7.2 = 3</b> }: Did you usually smoke menthol cig	garettes?(522)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
IF Q7.2=1	I, GO TO Q7.4; else IF Q7.2=2, GO TO MA7.9; else IF Q7.5=1-4, GO	TO MA7.12
7.4. I	Ouring the past 12 months, have you quit smoking for 1 day or longer?	(119)
	a. Yes <b>Go to MA7.10</b>	1
	b. No <b>Go to MA7.10</b>	2
	Don't know/Not sure <b>Go to MA7.10</b>	7
	Refused Go to MA7.10	9
MA7.9 Du	aring the past 12 months, have you intentionally quit smoking for 1 day or	longer?(523)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
MA7.10 A	are you planning to quit smoking in the next 30 days?	(524)
	a. Yes <b>GO TO MA7.12</b>	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
MA7.11 A	are you thinking about quitting smoking in the next 6 months?	(525)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7

Refused 9

MA7.12 (CURRENT SMOKERS AND RECENT QUITTERS) In the past 12 months, did a medical doctor or assistant advise you to stop smoking? (526)

a. Yes		1
b. No		2
	Don't know/Not sure	7
	Refused	9

MA7.13 In the past 12 months, have you heard, read, or seen any information about quitting smoking? (527)

a. Yes	1
b. No <b>Go to MA7.15</b>	2
Don't know/Not sure Go to MA7.15	7
Refused Go to MA7.15	9

MA7.14 I'm going to read you a list of places where you may have gotten this quit-smoking information. Did you get any of this information --

	<u>Yes</u>	<u>No</u>	Don't know	Refused
a. from television?	1	2	7	9 (528)
b. from the radio?	1	2	7	9 (529)
c. from a billboard?	1	2	7	9 (530)
d. from a doctor?	1	2	7	9 (531)
e. from a dentist?	1	2	7	9 (532)
f. from another health care professional?	1	2	7	9 (533)
g. at work?	1	2	7	9 (534)
h. from family or a friend?	1	2	7	9 (535)
i. from a newspaper or magazine?	1	2	7	9 (536)
j. from a brochure or other printed materia	1? 1	2	7	9 (537)
k. by calling the Smokers Telephone Quit-l	Line?1	2	7	9 (538)
l. from the Internet?	1	2	7	9 (539)

MA7.15 (CURRENT SMOKERS AND 3-YEAR QUITTERS) Have you ever used stop-smoking products such as nicotine gum, patches, or inhalers, or pills such as Zyban or Wellbutrin? (540)

a. Yes		1
b. No	GO TO MA7.24	2
	Don't know/Not sure GO TO MA7.24	7
	Refused GO TO MA7.24	9

MA7.16 Thinking back to the last time you used these products, which of the following stop-smoking

9

products did you use? I am going to read you a list, since some people use more than one at the same time. Please tell me which product or products you used the last time. (IF MORE THAN ONE MENTIONED, CODE FIRST TWO THAT ARE MENTIONED.) (541-542)a. Gum 1 b. Patch 2 c. Inhaler 3 d. Pill (i.e., Zyban, Wellbutrin) 4 e. Other (specify 5 Don't Know/Not Sure 7 9 Refused MA7.17 Again thinking about your most recent use, which of the following best describes the main reason you used this (these) product(s)? (543)PLEASE READ THE FIRST 4 RESPONSES: 1 a. As a substitute in places where I can't smoke b. To try to quit smoking 2 c. To cut down on the amount I smoke 3 d. Or is there some other reason (specify)\_\_\_\_\_ 4 7 Don't know/Not Sure 9 Refused MA7.18 About how long did you use this (these) product(s)? (544-546)a. Days 1 \_ \_ b. Weeks 2\_\_\_ c. Months 3 \_ \_ Don't know 777 999 Refused MA7.19 Did you buy this (these) product(s) over-the-counter (that is, directly from the store without a prescription) or did you have a prescription? (547)1 a. OTC b. Prescription 2 c. Both OTC and prescription 3 Don't Know/Not Sure 7

MA7.20 Did you pay for this (these) product(s) completely on your own, or did an insurance plan or other medical assistance cover at least part of the cost? (548)

Refused

a. Self	1
b. Insurance	2
Don't Know/Not Sure	7
Refused	9
MA7.21 Did you smoke any cigarettes or use any other tobacco products on the this (these) stop-smoking product(s)?	ne same day that you used (549)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9
Refused	,
IF Q7.2=3, GO TO MA7.22; IF Q7.2=1,2, GO TO MA7.23	
MA7.22 (FORMER SMOKERS) You earlier said that you have not smoked _ <b>RESPONSE CATEGORY from Q7.5 = 1-4 or MA7.5 = 1</b> ). Did you use an products for the quit attempt when you actually stopped smoking?	
a. Yes	1
b. No	$\overset{1}{2}$
Don't know/Not sure	7
Refused	9
Refused	,
Go to MA7.24	
MA7.23 (CURRENT SMOKERS) Overall, how satisfied were you with this (	these) ston-smoking
product(s)? Would you say you were	(551)
product(s): Would you say you were	(331)
PLEASE READ	
a. Not at all satisfied	1
b. Somewhat satisfied	2
c. Satisfied	3
d. Very satisfied	4
Don't know	7
Refused	9
MA7.24 (ASK ALL:) Is there anyone else living in your household who smoke	s cigarettes? (552)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9
**************************************	,

MA7.25	Which statement best describes the rules about smoking in your home	(553)	
	PLEASE READ		
a.	no one is allowed to smoke anywhere	1	
b.	smoking is allowed in some places or at some times	2	
	or		
c.	smoking is permitted anywhere	3	
	Don't know/Not sure	7	
	Refused	9	
MA7.26	Have you ever smoked a cigar, even just a few puffs?	(554)	
cigar =	a. Yes		1
large cig cigarillo, or small	b. No Go to SECTION 8: FRUITS AND VEGETABLES		2
	Don't know/Not sure Go to SECTION 8: FRUITS AND VEGET Refused Go to SECTION 8: FRUITS AND VEGETABLES	ABLES	7 9
MA7.27	When was the last time you smoked a cigar?	(555-5	556)
	Read Only if Necessary		
	a. Within the past month (0 to 1 month ago)	0 1	
	<b>b.</b> Within the past 3 months (1 to 3 months ago)		
	Go to SECTION 8: FRUITS AND VEGETABLES	0 2	
	<b>c.</b> Within the past 6 months (3 to 6 months ago)		
	Go to SECTION 8: FRUITS AND VEGETABLES	0 3	
	<b>d.</b> Within the past year (6 to 12 months ago)		
	Go to SECTION 8: FRUITS AND VEGETABLES	0 4	
	e. Within the past 5 years (1-5 years ago)	o =	
	Go to SECTION 8: FRUITS AND VEGETABLES	0 5	
	f. Within the past 15 years (5-15 years ago)	0.6	
	Go to SECTION 8: FRUITS AND VEGETABLES	0 6	
	g. 15 or more years ago Go to SECTION 8: FRUITS AND VEGETABLES	0 7	
	Don't know/not sure	0 /	
	Go to SECTION 8: FRUITS AND VEGETABLES	77	
	Refused	, ,	
	Go to SECTION 8: FRUITS AND VEGETABLES	99	
MA7.28	In the past month, did you smoke cigars: <b>PLEASE READ</b>	(557)	

	a. Everyday	1
	b. Several times per week	2
	c. Once per week	3
	d. Less than once per week	4
Do not	Don't know/Not sure	7
read these	Refused	9
responses		

## **Section 8: Fruits and Vegetables**

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

8.1.	How often do you drink fruit juices such as orange, grapefruit, or tomato?	(122-124)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	999
8.2.	Not counting juice, how often do you eat fruit?	(125-127)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	9 9 9
8.3.	How often do you eat green salad?	(128-130)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	999

8.4.	How often do you eat potatoes not including french fries, fried potatoes, or p	otato chips?
		(131-133)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	999
8.5.	How often do you eat carrots?	(134-136)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	999
8.6.	Not counting carrots, potatoes, or salad, how many servings of vegetables do	you usually eat? (137-139)
Example:	a. Per day	1
A serving of	b. Per week	2 3
vegetables at	c. Per month	3
both lunch	d. Per year	4
and dinner	e. Never	5 5 5
would be two		
servings	Don't know/Not sure	777
	Refused	999
Section	9: Weight Control	
9.1.	Are you now trying to lose weight?	(140)
	a. Yes <b>Go to Q. 9.3</b>	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
9.2.	Are you now trying to maintain your current weight, that is to keep from gain	ning weight? (141)

	a. Yes	1
	b. No <b>Go to Q. 9.5</b>	2
	Don't know/Not sure Go to 9.5	7
	Refused Go to Q. 9.5	9
9.3.	Are you eating either fewer calories or less fat to	
	lose weight? [if "Yes" on Q. 9.1] keep from gaining weight? [if "Yes" on Q. 9.2]	(142)
obe	a. Yes, fewer calories	1
•	b. Yes, less fat	2 3
ich	c. Yes, fewer calories and less fat	
	d. No	4
	Don't know/Not sure	7
	Refused	9
9.4.	Are you using physical activity or exercise to lose weight? [if "Yes" on Q. 9.1]	
	keep from gaining weight? [if "Yes" on Q. 9.2]	(143)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
9.5.	In the past 12 months, has a doctor, nurse, or other health professional	•
	your weight?	(144)
Probe	a. Yes, lose weight	1
for	b. Yes, gain weight	2
which	c. Yes, maintain current weight	3
	d. No	4
	Don't know/Not sure	7
	Refused	9
Section	n 10: Demographics	
10.1.	What is your age?	(145-146)
	Code age in years	

	Don't know/Not sure Refused	0 7 0 9
10.2.	What is your race?	(147)
	Would you say: Please Read	
	<ul> <li>a. White</li> <li>b. Black</li> <li>c. Asian, Pacific Islander</li> <li>d. American Indian, Alaska Native</li> <li>or</li> <li>e. Other: [specify]</li> </ul>	1 2 3 4
Do not read these responses	Don't know/Not sure Refused	7 9
10.3.	Are you of Spanish or Hispanic origin?	(148)
	a. Yes	1
	b. No	2
	Don't know/Not sure Refused	7 9
10.4.	Are you:	(149)
	Please Read	
	<ul> <li>a. Married</li> <li>b. Divorced</li> <li>c. Widowed</li> <li>d. Separated</li> <li>e. Never been married <ul> <li>or</li> </ul> </li> <li>f. A member of an unmarried couple <ul> <li>Refused</li> </ul> </li> </ul>	1 2 3 4 5

10.5. How many children live in your household who are...

## **Please Read**

le 1-9		a. less than 5 years old?		_ (150)
7 or mo None Refused	1	o. 5 through 12 years old?		_ (151)
Keluset		e. 13 through 17 years old?		_ (152)
Stat	te-Adde	l Household Roster		
	. <b>10.1</b> Gosehold?	ing from youngest to oldest, what	are the ages of each person currently living	g in your (558-635)
97 = 98 =	le ages = 97 and = DK/NS = Refuseo		b. Person #2 [Etc.]	
10.6	5. Wh	at is the highest grade or year of s	school you completed?	(153)
	]	Read Only if Necessary		` '
	(	<ul> <li>a. Never attended school or only a</li> <li>b. Grades 1 through 8 (Elementar</li> <li>c. Grades 9 through 11 (Some high</li> <li>d. Grade 12 or GED (High school</li> <li>e. College 1 year to 3 years (Som technical school)</li> <li>f. College 4 years or more (College Refused</li> </ul>	y) gh school) l graduate) e college or	1 2 3 4 5 6
10.7	7. Are	you currently:		(154)
	]	Please Read		
	1	a. Employed for wages b. Self-employed c. Out of work for more than 1 yea c. Homemaker c. Student g. Retired or h. Unable to work		1 2 3 4 5 6 7

	Refused	9
10.8.	Is your annual household income from all sources:	(155-156)
	Read as Appropriate	
	a. Less than \$25,000 If "no," ask e; if "yes," ask b	
If res-	(\$20,000 to less than \$25,000)	0 4
pondent	b. Less than \$20,000 If "no," code a; if "yes," ask c	0.2
refuses	(\$15,000 to less than \$20,000)	0 3
at any income	c. Less than \$15,000 <b>If "no," code b; if "yes," ask d</b> (\$10,000 to less than \$15,000)	0 2
level,	d. Less than \$10,000 <b>If "no," code c</b>	0 1
code	e. Less than \$35,000 <b>If "no," ask f</b>	-
refused	(\$25,000 to less than \$35,000)	0 5
	f. Less than \$50,000 <b>If "no," ask g</b>	
	(\$35,000 to less than \$50,000)	0 6
	g. Less than \$75,000 <b>If ''no,'' code h</b>	
	(\$50,000 to \$75,000)	0.7
	h. \$75,000 or more	0 8
Do not	Don't know/Not sure	77
read these responses	Refused	99
Coponico	Relabed	
10.9.	Have you ever served on active duty in the United States Armed Forces, either in military or in a National Guard or military reserve unit?	the regular
	a. Yes	1
	b. No <b>Go to Q10.12</b>	2
	Don't know/Not sure Go to Q10.12	7
	Refused Go to Q10.12	9
10.10.	Which of the following best describes your current military status?	(158)
	Are you: Please Read	
	a. Currently on active duty Go to Q10.12	1
	b. Currently in reserves Go to Q10.12	2

		c. No longer in military service	3
not		Don't know/Not sure Go to Q10.12	7
d these ponses Refused Go to Q10.12			9
	10.11.	In the last 12 months have you received some or all of your health care from VA	
be i	for	<ul><li>a. Yes, all of my health care</li><li>b. Yes, some of my health care</li><li>c. No, no VA health care received</li></ul>	(159) 1 2 3
		Don't know/not sure Refused	7 9
	10.12.	About how much do you weigh without shoes?	(160-162)
ınd etio		Weight	– – - pounds
		Don't know/Not sure Refused	7 7 7 9 9 9
	10.13.	How much would you like to weigh?	(163-165)
		Weight	pounds
		Don't know/Not sure Refused	7 7 7 9 9 9
	State-A	dded Weight	
	If respo	ondent is between 18 and 29 years old Go to Q10.14, Else continue	
	MA10.2	2. About how much did you weigh 10 years ago?	(636-638)
		Weight	pounds
		Don't know/Not sure Refused	7 7 7 9 9 9
	10.14.	About how tall are you without shoes?	(166-168)

Round	Height	_/
fractions		ft/inches
down		
	Don't know/Not sure	7 7 7
	Refused	999

#### **State-Added Town**

#### MA10.3. What city or town do you live in?

(639-641)

AMHERST	008	FITCHBURG	097	MILTON	189	SOMERSET	273
ARLINGTON	010	FRAMINGHAM	100	NATICK	198	SOMERVILLE	274
ATTLEBORO	016	FRANKLIN	101	NEEDHAM	199	SOUTHBRIDGE	278
BELMONT	026	GARDNER	103	NEW BEDFORD	201	SPRINGFIELD	281
BEVERLY	030	GLOUCESTER	107	NEWBURYPORT	206	STONEHAM	284
BOSTON	035	HAVERHILL	128	NEWTON	207	STOUGHTON	285
BRAINTREE	040	HOLYOKE	137	N. ADAMS	209	TAUNTON	293
BROCKTON	044	LAWRENCE	149	NORTHAMPTON	214	WAKEFIELD	305
BROOKLINE	046	LEOMINSTER	153	N. ANDOVER	210	WALTHAM	308
BURLINGTON	048	LEXINGTON	155	N. ATTLEBORO	211	WATERTOWN	314
CAMBRIDGE	049	LONGMEADOW	159	NORWOOD	220	WELLESLEY	317
CANTON	050	LOWELL	160	PEABODY	229	W. SPRINGFIELD	325
CHELMSFORD	056	LUDLOW	161	PITTSFIELD	236	WESTFIELD	329
CHELSEA	057	LYNN	163	QUINCY	243	WEYMOUTH	336
CHICOPEE	061	MALDEN	165	RANDOLPH	244	WILMINGTON	342
DANVERS	071	MARBLEHEAD	168	READING	246	WINCHESTER	344
DEDHAM	073	MARLBOROUGH	170	REVERE	248	WINTHROP	346
EASTHAMPTON	087	MEDFORD	176	ROCKLAND	251	WOBURN	347
EVERETT	093	MELROSE	178	SALEM	258	WORCESTER	348
<b>FAIRHAVEN</b>	094	METHUEN	181	SAUGUS	262	OTHER: (SPEC	
FALL RIVER	095	MILFORD	185	SHREWSBURY	271	BELOW)	888
						DK	777
						REF	999
ALL CTON DDICE	ITONI	DACK DAY DEAC	CONT	III CIIADI ECEO	3373 T	ODGHEGWED E I	COTTON

ALLSTON, BRIGHTON, BACK BAY, BEACON HILL, CHARLESTOWN, DORCHESTER, E. BOSTON, FENWAY, HYDE PARK, JAMAICA PLAIN, MATTAPAN, ROSLINDALE, ROXBURY, MISSION HILL, S. BOSTON, W. ROXBURY=BOSTON)

#### **State-Added Zip Code**

MA10.3a What is your zip code?

(642-646)

 Zip code
 0 \_ \_ \_ \_

 Don't know/not sure
 77777

 Refused
 99999

## IF (STRATUM = 01 AND MA10.3 NE 46, 49, 57, 93, 189, 207, 274, 346) OR MA10.3 = 35

MA10.4 What neighborhood in Boston do you live in?

(647-648)

	Male Female		1 2
10.18.	Indicate sex of respondent. Ask Only if Necessary		(174)
computer  s	Refused		9
lude ded- ed fax	Total telephone numbers [8 = 8 or more]		-
10.17.	How many residential telephone numbers do you have?		(173)
	Refused Go to Q10.18		9
	<ul><li>a. Yes</li><li>b. No Go to Q10.18</li></ul>		1 2
10.16.	Do you have more than one telephone number in your household?		(172)
	Refused		99
	Don't know/not sure		77
	t. Other (Specify)  Don't live in Boston		22 88
	s. West Roxbury		21
	r. West End		20
	q. South End		19
	p. South Boston		18
	o. Roxbury		17
	m. North End n. Roslindale		15 16
	1. Mission Hill	14	
	k. Mattapan		13
	j. Jamaica Plain		12
	h. Fenway I. Hyde Park		10
	g. East Boston		08 10
	f. Downtown		06
	e. Dorchester		05
	d. Chinatown		04
	c. Charlestown		03
	<ul><li>a. Allston, Brighton</li><li>b. Back Bay, Beacon Hill</li></ul>		01 02
	a Allatan Dulahtan		Λ1

# if Q10.18 = 1 then skip to HIV/AIDS Section; ELSE IF Q10.18 = 2 then go to Women's Health Section

## **Section 11: Women's Health**

11.1.	A mammogram is an x-ray of each breast to look for breast cancer. Have mammogram?	e you ever had a (175)
	a. Yes	1
	b. No <b>Go to Q11.4</b>	2
	Don't know/Not sure Go to Q11.4 Refused Go to Q11.4	7 9
11.2.	How long has it been since you had your last mammogram?	
	Read only if Necessary	(176)
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9
11.3.	Was your last mammogram done as part of a routine checkup, because of	of a breast problem other
	than cancer, or because you've already had breast cancer?	(177)
	a. Routine checkup	1
	b. Breast problem other than cancer	2
	c. Had breast cancer	3
	Don't know/Not sure	7
	Refused	9
11.4.	A clinical breast exam is when a doctor, nurse, or other health profession	nal feels the breast for
	lumps. Have you ever had a clinical breast exam?	(178)
	a. Yes	1
	b. No <b>Go to Q11.7</b>	2
	Don't know/Not sure Go to Q11.7	7
	Refused Go to Q11.7	9

11.5.	How long has it been since your last breast exam?	(179)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9
11.6.	Was your last breast exam done as part of a routine checkup, because of a breas	t problem other
	than cancer, or because you've already had breast cancer?	(180)
	a. Routine Checkup	1
	b. Breast problem other than cancer	2
	c. Had breast cancer	3
	Don't know/Not sure	7
	Refused	9
11.7.	A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?	(181)
	a. Yes	1
	b. No <b>Go to Q11.10</b>	2
	Don't know/Not sure Go to Q11.10	7
	Refused Go to Q11.10	9
11.8.	How long has it been since you had your last Pap smear?	(182)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (2 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9

11.9.	11.9. Was your last Pap smear done as part of a routine exam, or to check a current or prev problem? (183			
	<ul> <li>a. Routine exam</li> <li>b. Check current or previous problem         Other             Don't know/Not sure             Refused         </li> </ul>	1 2 3 7 9		
11.10.	Have you had a hysterectomy?	(184)		
A hysterec-	a. Yes Go to Section 12: HIV/AIDS	1		
tomy is an operation	b. No	2		
to remove the uterus (womb)	Don't know/Not sure Refused	7 9		
If respondent 45 years old or older, go to Section 12: HIV/AIDS				
11.11	11.11 To your knowledge, are you now pregnant?			
	<ul><li>a. Yes</li><li>b. No</li><li>Don't know/Not sure</li><li>Refused</li></ul>	1 2 7 9		
Section	n 12: HIV/AIDS			
If resp	ondent is 65 years old or older, go to Transition to Modules			
remem	The next few questions are about the national health problem of HIV, the virus that causes AIDS. Pleas remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.			
12.1.	12.1. If you had a child in school, at what grade do you think he or she should begin a education in school about HIV infection and AIDS?			
Code 01 through 12	a. Grade			

	b. Kindergarten	5 5		
	c. Never	8 8		
	Don't know/Not sure	7 7		
	Refused	9 9		
12.2.	If you had a teenager who was sexually active, would you e condom?	encourage him or her to use a (188)		
	a. Yes	1		
	b. No	2 3		
	Would give other advice			
	Don't know/Not sure	7		
	Refused	9		
12.3.	What are your chances of getting infected with HIV, the virus that causes AIDS? (189)			
	Would you say: Please Read			
	a. High	1		
	b. Medium	2		
	c. Low	3		
	or			
	d. None	4		
not	Not applicable Go to Q12.7a	5		
d these	Don't know/Not sure	7		
onses	Refused	9		
		(100)		
12.4.	Have you donated blood since March 1985?	(190)		
	a. Yes	1		
	b. No <b>Go to Q12.6a</b>	2		
	Don't know/Not sure Go to Q12.6a	7		
	Refused Go to Q12.6a	9		
12.5.	Have you donated blood in the past 12 months?	(191)		
	a. Yes	1		
	b. No	2		
	Don't know/Not sure	7		
	Refused	9		

	12.6.	Except for tests you may have had as part of blood donations, have you ever bee HIV?	en tested for (192)
Include	e	a. Yes <b>Go to Q12.7</b>	1
saliva tests		b. No Go to Transition to Modules	2
		Don't know/Not sure <b>Go to Transition to Modules</b> Refused <b>Go to Transition to Modules</b>	7 9
	12.6a.	Have you ever been tested for HIV?	(193)
Includ saliva tests		a. Yes Go to Q12.7a	1
		b. No Go to Transition to Modules	2
		Don't know/Not sure <b>Go to Transition to Modules</b> Refused <b>Go to Transition to Modules</b>	7 9
	12.7.	Not including your blood donations, have you been tested for HIV in the past 12	2 months? (194)
Includ saliva		a. Yes <b>Go to Q12.8</b>	1
tests		b. No Go to Transition to Modules	2
		Don't know/Not sure <b>Go to Transition to Modules</b> Refused <b>Go to Transition to Modules</b>	7 9
	12.7a.	Have you been tested for HIV in the past 12 months?	(195)
Includ		a. Yes	1
saliva tests		<ul> <li>b. No Go to Transition to Modules</li> <li>Don't know/Not sure Go to Transition to Modules</li> <li>Refused Go to Transition to Modules</li> </ul>	2 7 9
	12.8.	What was the main reason you had your last test for HIV?	(196-197)
		Reason code	

## Read Only if Necessary

	a. For hospitalization or surgical procedure	0 1
	b. To apply for health insurance	0 2
	c. To apply for life insurance	03
	d. For employment	0 4
	e. To apply for a marriage license	0 5
	f. For military induction or military service	0 6
	g. For immigration	0 7
	h. Just to find out if you were infected	0 8
	I. Because of referral by a doctor	09
	j. Because of pregnancy	10
	k. Referred by your sex partner	11
	1. Because it was part of a blood donation process	
	Go to Transition to Modules	1 2
	m. For routine check-up	13
	n. Because of occupational exposure	1 4
	o. Because of illness	15
	p. Because I am at risk for HIV	16
	q. Other	8 7
	Don't know/Not sure	77
	Refused	99
12.9.	Where did you have your last test for HIV?	(198-199)
	Facility Code	
	Read Only if Necessary	
	a. Private doctor, HMO	0 1
	b. Blood bank, plasma center, Red Cross	0 2
	c. Health department	03
	d. AIDS clinic, counseling, testing site	0 4
	e. Hospital, emergency room, outpatient clinic	0 5
	f. Family planning clinic	0 6
	g. Prenatal clinic, obstetrician's office	0 7
	h. Tuberculosis clinic	0 8
	I. STD clinic	09
	j. Community health clinic	10
	k. Clinic run by employer	11
	1. Insurance company clinic	1 2
	m. Other public clinic	13
	n. Drug treatment facility	1 4
	o. Military induction or military service site	1 5

p. Immigration site	1 6
q. At home, home visit by nurse or health worker	17
r. At home using self-sampling kit	18
s. In jail or prison	1 9
t. Other	87
t. Other	0 /
Don't know/Not sure	77
Refused	9 9
100000	
12.10. Did you receive the results of your last test?	(200)
a. Yes	1
b. No Go to Transition to Modules	2
Don't know/Not sure Go to Transition to Modules	7
Refused Go to Transition to Modules	9
	•
12.11. Did you receive counseling or talk with a health care professional about	•
	(201)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9
Transition to Modules	
Program will randomly select split, recorded in column	(400)
Section 13: State-Added: Needle Exchange/Condom Distribution	(400)
[Split 2, 3]  If Split=1, Go to Section 14: State-Added: Tobacco Policy, If Split = 2 or 3 c	continue
I'm going to very briefly describe two programs that have been used in a variety of spread of AIDS and other diseases. One program makes condoms available to his through the school nurse's office or the school health clinic. Another program allowed the school health clinic and syringes for clean ones.	gh school students
MA13.1 Concerning the program that makes condoms available to high school st	tudents through the

MA13.1 Concerning the program that makes condoms available to high school students through the school nurse's office or the school health clinic, would you say you-- (649)

Strongly agree with this program	1
Agree with this program	2
Disagree with this program	3
Strongly disagree with this program	4
Don't know	7

Refused 9

MA13.2 Concerning the program that allows people who inject drugs to exchange used, dirty needles and syringes for clean ones, would you say you-- (650)

Strongly agree with this program	1
Agree with this program	2
Disagree with this program	3
Strongly disagree with this program	4
Don't know	7
Refused	9

### Section 14: State-Added: Tobacco Policy

[splits 1, 2]

The next questions are about your opinions on issues related to smoking.

MA14.1 Do you believe that switching from cigarettes to cigars reduces a smoker's chance of illness? (651)

a. Yes

b. No
Don't know/Not sure
Refused
7

MA14.2 Do you believe that smoking low tar and low nicotine cigarettes carries less risk of illness than smoking regular cigarettes? (652)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA14.3 Now I'm going to read you a list of places where smoking may or may not be allowed. For each one, please tell me if you think that smoking should be allowed there without restriction, should be permitted only in designated areas, or should not be allowed at all.

Concerning smoking in (NAME OF PLACE) -- should it be allowed without restriction, should it be permitted only in designated areas,or not be allowed at all?

[Interviewer Note: After first three, you may read "How about...?"]

Allowed without restriction = 1, Permitted in designated areas = 2, Not at all = 3, Don't know = 7, Refused = 9

a. Restaurants	1	2	3	7	9	(653)
b. Indoor work areas?	1	2	3	7	9	(654)
c. Bars and cocktail lounges?	1	2	3	7	9	(655)
d. Indoor sporting events?	1	2	3	7	9	(656)
e. Outdoor sporting events?	1	2	3	7	9	(657)
f. Indoor shopping malls?	1	2	3	7	9	(658)

MA14.4 If restaurants were completely smokefree, would you eat out more often, less often, or about the same as you do now? (659)

More often	1
Less often	2
About the same	3
Don't eat in restaurants	4
Don't know/Not sure	7
Refused	9

MA14.5 In Massachusetts, it is against the law to sell cigarettes to anyone under 18 years old. How many storekeepers do you think are careful about not selling to people under 18? Would you say...

	(660)
All	1
Most	2
Some	3
or	
None	4
Don't know/Not sure	7
Refused	9

# **Section 15: State-Added: Diabetes Information**

[Splits 1, 2]

## If Split=3, Go to Section 16: State-Added: Chronic Disease Checklist, If Split=1 or 2, continue

MA15.1. In the past 6 months, have you heard, read or seen any information about the importance of controlling diabetes? (661)

a. Yes	1
b. No Go to Section 16: State-Added: Chronic Disease	2
Don't know/Not sure Go to Section 16: State-Added: Chronic Disease	7
Refused Go to Section 16: State-Added: Chronic Disease	9

MA15.2. I'm going to read you a list of places where you might have gotten information about the importance of controlling diabetes. Did you get any of this information

	<u>r es</u>	<u> 1NO</u>	Don t know	Refus	<u>ea</u>
a. from television?	1	2	7	9	(662)

(402)

b. from the radio?	1	2	7	9	(663)
c. from a billboard?	1	2	7	9	(664)
d. from a newspaper or magazine	1	2	7	9	(665)
e.from a brochure or other printed material?	1	2	7	9	(666)
f.from a doctor or other health professional?	1	2	7	9	(667)
g.From family or a friend?	1	2	7	9	(668)
h. At work?	1	2	7	9	(669)

#### Section 16: State-Added: Chronic Disease Checklist

[Splits 1, 2, 3]

### IF age of respondent is 18-39 then Go to Section 17: MODULE 14: Arthritis; ELSE continue

MA16.1 Have you ever been told by a doctor or other health professional that you have any of the following conditions...

	yes	по	uĸ	101	
a. Angina or Coronary Heart Disease?	1	2	7	9	(670)
b. Stroke	1	2	7	9	(671)
h. Emphysema or COPD?	1	2	7	9	(672)

#### **Section 17: MODULE 14: Arthritis**

[Split 3]

# If Split=1, 2, Go to Section 18: State-Added: Disability, Quality of Life, Care Giving, If Split=3, continue

MOD14.1. During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint? (401)

a. Yes	1
b. No Go to MOD14.4	2
Don't know/Not sure Go to MOD14.4	7
Refused Go to MOD14.4	9

MOD 14.2. Were these symptoms present on most days for at least one month?

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MOD 14.3. Are you now limited in any way in any activities because of joint symptoms? (403)

a. Yes	1
b. No	2

Don't know/Not sure Refused	7 9
MOD 14.4. Have you ever been told by a doctor that you have arthritis?	(404)
a. Yes	1
b. No Go to SECTION 18: DISABILITY	2
Don't know/Not sure Go to SECTION 18: DISABILITY	7
Refused Go to SECTION 18: DISABILITY	9
MOD 14.5. What type of arthritis did the doctor say you have?	(405-406)
Type Code	
Read Only if Necessary	
a. Osteoarthritis/degenerative arthritis	0 1
b. Rheumatism	0 2
c. Rheumatoid Arthritis	0 3
d. Lyme disease	0 4
e. Other [specify]	0 7
f. Never saw a doctor	8 8
Don't know/Not sure	77
Refused	99
MOD 14.6. Are you currently being treated by a doctor for arthritis?	
11200 1 Holling you currently being active by a doctor for aranham.	(407)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

# **Section 18: State-Added: Disability, Quality of Life and Care Giving** [Split=1,3]

# If Split=2, Go to Section 19: State-Added: Flu/ Pnuemonia, If Split=1, 3, continue

The next two questions are about your support needs and life satisfaction.

MA18.1 How often do you get the social and emotional support you need? Would you say... (408)

#### PLEASE READ

a.	Always	1
b. Usually		2
c. Sometimes		3
d. Rarely		4
e. Never		5
Do not	Don't know / Not sure	7
read thes	e Refused	9
responses	S	

MA18.2 In general, how satisfied are you with your life? Would you say: (409)

#### PLEASE READ

a. Very satisfied	1
b. Satisfied	2
c. Dissatisfied	3
d. Very dissatisfied	4
<b>Do not</b> Don't know / Not sure	7
read these Refused	9
responses	

These next questions are about limitations you may have in your daily life.

MA18.3 Are you limited in the kind or amount of work you can do because of any impairment or health problem? (410)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	Q

MA18.4 Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating? (411)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA18.5 If you use special equipment or help from others to get around, what type do you use?

(412-417)

(418)

	CODE UP TO THREE RESPONSES		
a.	No special equipment or help used <b>GO TO MA18.7</b>	01	
b.	Other people	02	
c.	Cane or walking stick	03	
d.	Walker		04
e.	Crutch or crutches	05	
f.	Manual wheelchair	06	
g.	Motorized wheelchair	07	
h	Electric mobility scooter	08	
i.	Artificial leg		09
j.	Brace	10	
k.	Service animal [i.e., guide dog or other animal	11	
	specifically trained to provide assistance]		
1.	Oxygen / special breathing equipment	12	
m.	Other (specify):	13	
	Don't know / Not sure	77	
	Refused		99
MA18.6	Using special equipment or help, what is the farthest distance that you can go?	Would	d you

### PLEASE READ

say:

a.	Across a small room	1
b.	About the length of a typical house	2
c.	About one or two city blocks	3
d.	About one mile	4
e.	More than one mile	5
	Don't know / Not sure	7
	Refused	9

MA18.7 What is the farthest distance you can walk by yourself, without any special equipment or help from others? Would you say: (419)

### PLEASE READ

a.	Not any distance	1
b.	Across a small room	2
c.	About the length of a typical house	3
d.	About one or two city blocks	4
e.	About one mile	5
f.	More than one mile	6
	Don't know / Not sure	7

Refused	9	
MOD15.1. Are you limited in any w	vay in any activities because of any impair	ment or health problem?
		(321)
a. Yes		1
b. No If "yes" to MA1	18.3 or MA18.4 or "B-M" on	
•	o Othorwico go to MA188	2

MA18.5, continue. Otherwise, go to MA18.8

Don't know/Not sure If "yes" to MA18.3 or MA18.4

or "B-M" on MA18.5, continue. Otherwise, go to MA18.8

Refused If "yes" to MA18.3 or MA18.4 or "B-M" on

MA18.5, continue. Otherwise, go to MA18.8

9

MOD15.2. What is the major impairment or health problem that limits your activities? (441-442)

# [If respondent says, "I'm not limited," say, "I'm referring to the impairment you indicated on an earlier question."]

**Read Only if Necessary** a. Arthritis/rheumatism 0.1 b. Back or neck problem 02 c. Fractures, bone/joint injury 03 d. Walking problem 04 e. Lung/breathing problem 0.5 f. Hearing problem 06 g. Eye/vision problem 0.7 h. Heart problem 0.8 i. Stroke problem 09 j. Hypertension/high blood pressure 10 k. Diabetes 1 1 1. Cancer 1 2 m. Depression/anxiety/emotional problem 13 n. Other impairment/problem [specify]\_ 14 Don't know/Not sure 77 99 Refused

#### **GO TO MOD15.3**

MA18.8 A disability can be physical, mental, emotional, or communication-related. Would you describe yourself as having a disability of any kind? (420)

a. Yes 1

Reason Code

b. N	o GO TO MOD15.6  Don't know / Not sure GO TO MOI  Refused GO TO MOD15.6	2 7 9	
MA18.9 What is yo	our major disability?		(421)
Specify:			
	Don't know / Not sure Refused	7 9	
<b>GO TO MA18.11</b>			
MOD 15.3. For how problem?	long have your activities been limited b	because of your major	r impairment or health (443.445)
<ul><li>a. Days</li><li>b. Week</li><li>c. Mont</li><li>d. Years</li></ul>	hs		1 2 3 4
Do	on't know/Not Sure fused		7 7 7 9 9 9
MA18.10 Woul	d you say your limitation is:		(422)
Pleas	e Read		
a. b.	mild moderate	1 2	
or c. Do not read	severe don't know/not sure	3 7	
these responses	refused	9	
	of any impairment or health problem, of AL CARE needs, such as eating, bathing	•	<u> </u>
	on't know/Not sure fused		1 2 7 9

MOD 15.5. Because of any impairment or health problem, do you need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes? (447)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9
GO TO MOD15.6	

MA18.11 For HOW LONG have you had your main disability?

(423-425)

a. Days	1
b. Weeks	2
c. Months	3
d. Years	4
Don't know / Not	777
Refused	999

MA18.12 Would you say your disability is:

(426)

#### **Please Read**

a. b.	mild moderate	1 2
or		
c.	severe	3
Do not read	don't know/not sure	7
these responses	refused	9

MA18.13 Because of your disability, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house? (427)

a.	Yes	1
b.	No	2
	Don't know / Not sure	7
	Refused	9

MA18.14 Because of your disability, do you need the help of other persons in handling your ROUTINE NEEDS, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes? (428)

a.	Yes	1
b.	No	2
	Don't know / Not sure	7

9 9

Refused 9

MOD 15.6. During the past 30 days, for about how many days did pain make it ha	rd for you to do your
usual activities, such as self-care, work, or recreation?	(448-449)
a. Number of days	<del>-</del> -
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9
MOD 15.7. During the past 30 days, for about how many days have you felt sad, b	due, or depressed?
	(450-451)
a. Number of days	
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9
MOD 15.8. During the past 30 days, for about how many days have you felt worrie	ed. tense. or anxious?
β · · · · · · · · · · · · · · · · · · ·	(452-453)
a. Number of days	
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9
MOD 15.9. During the past 30 days, for about how many days have you felt you d or sleep?	id not get enough rest (454-455)
a. Number of days	
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9
MOD 15.10. During the past 30 days, for about how many days have you felt energy?	very healthy and full of (456-457)
a. Number of days	
b. None	8 8
Don't know/Not sure	7 7
	. ,

Refused

## If "yes" to MOD15.4, continue. Otherwise, go to pre-MOD15.13.

MOD 15.11. Earlier you reported that due to your impairment you need some assistance from another person with your PERSONAL CARE needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house? (458-459)

#### **Read Only if Necessary**

rela-	a. Husband/wite/partner	0.1
that is	b. Parent/son/son-in-law/daughter/daughter-in-law	0 2
d, code	c. Other relative	0 3
ıppropri-	d. Unpaid volunteer	0 4
relative	e. Paid employee or home health service	0 5
	f. Friend or neighbor	0 6
	g. Combination of family and/or friends	0 7
	h. Other	0 8
	i. No one helps me Go to pre-MOD15.13	0 9
	Don't Know/Not Sure	77
	Refused	9 9

MOD 15.12. Is the assistance you receive to meet your personal care needs: (460)

#### Please Read

	<ul><li>a. Usually adequate</li><li>b. Sometimes adequate</li></ul>	1 2
	c. Rarely adequate	3
not d these	Don't know/Not sure	7
onses	Refused	9

### pre-MOD15.13: If "yes" to MOD15.5, continue. Otherwise, go to pre-MA18.15

MOD 15.13. Earlier you reported that due to your impairment you need some assistance from another person with your ROUTINE needs. Who usually helps you with handling your routine needs, such as everyday household chores, shopping, or getting around for other purposes? (461-462)

#### **Read Only if Necessary**

rela-	a. Husband/wife/partner	0 1
that is	b. Parent/son/son-in-law/daughter/daughter-in-law	0 2
d, code	c. Other relative	0 3

as appropri-	d. Unpaid volunteer	0 4
ate relative	e. Paid employee or home health service	0 5
	f. Friend or neighbor	0 6
	g. Combination of family and/or friends	0 7
	h. Other	0 8
	i. No one helps me <b>Go to pre-MA18.15</b>	0 9
	Don't Know/Not Sure	7 7
	Refused	99
MOD 15.1	14. Is the assistance you receive to meet your routine needs:	
		(463)
	Please Read	
	a. Usually adequate	1
	b. Sometimes adequate	2
	or	
	c. Rarely adequate	3
Do not read these	Don't know/Not sure	7
responses	Refused	
<b>GO TO S</b> MA18.15	8.15: If number of adults equals 1 and Q10.5a, Q10.5b and Q10,5c are ECTION 19: IMMUNIZATION.  Is there anyone [insert "else" if "yes" to MA18.3, MA18.4, MOD15.1, 5] in your household who has a disability or who is LIMITED in any way in	MA18.8 or "b-m"
	any impairment or health problem?	(429)
a. ·	Yes	1
b. 1	No GO TO SECTION 19: IMMUNIZATION	2
I	Oon't know/Not sure GO TO SECTION 19: IMMUNIZATION	7
I	Refused GO TO SECTION 19: IMMUNIZATION	9
MA18.16	How old are these people?	(430-439)
Code ages	s a. person 1	
97 = 97 aı	<u>•</u>	
98 = Dk/N	<u> </u>	
99 = <b>Refu</b>	<u>—</u> —	
)) – Kciu	e. person 5	
	c. person 3	

#### **Section 19: State-Added: Immunization**

[Splits 1, 2, 3]

# If age of respondent is 65 and older, or Q3.1 = 1 or Q4.1 = 1 or MA16.1a = 1, or MA16.1b = 1, or MA16.1c = 1 continue with MA19.1; ELSE Go to Section 20: MODULE 9: Colorectal Cancer

MA19.1.	During the past 12 months, have you had a flu shot?		(468)
	a. Yes		1
	b. No		2
	Don't know/Not sure		7
	Refused		9
MA19.2.	Have you ever had a pneumonia vaccination?	(469)	
	a. Yes		1
	b. No		2
	Don't know/Not sure		7
	Refused		9

# **Section 20: MODULE 9: Colorectal Cancer Screening**

[Splits 2, 3]

If Split=1, Go to Section 24, State-Added: Health Plan, If Split=2, 3, Continue

## If age less than 40, go to Section 22: State-Added: Folic Acid

MOD9.1. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (464)

a. Yes	1
b. No Go to MOD9.3	2
Don't know/Not sure Go to MOD9.3	7
Refused Go to MOD9.3	9

MOD9.2. When did you have your last blood stool test using a home kit? (465)

## **Read Only if Necessary**

a.	Within the past year (1 to 12 months ago)	1
b.	Within the past 2 years (1 to 2 years ago)	2

	c. Within the past 5 years (2 to 5 years ago)	3	
	d. 5 or more years ago	4	
	Don't know/Not sure	7	
	Refused	9	
MOD9.3. bowel for sig	A sigmoidoscopy or colonoscopy is when a tube is ans of cancer and other health problems. Have you every		
	a. Yes		1
	b. No Go to Section 21: ProstateCancer		2
	Don't know/Not sure <b>Go to Section 21: Pr</b>	ostateCancer	7
	Refused Go to Section 21: ProstateCance		9
MOD9.4.	When did you have your last sigmoidoscopy or col	onoscopy?	(467)
1	Read Only if Necessary		
	a. Within the past year (1 to 12 months ago)	1	
	b. Within the past 2 years (1 to 2 years ago)	2	
	c. Within the past 5 years (2 to 5 years ago)	3	
	d. 5 or more years ago	4	
	Don't know/Not sure	7	
	Refused	9	
If female Go Prostate Ca	to Section 22: State-Added: Folic Acid, Else cont ncer	inue with Sect	tion 21: State-Added:
Section 21: [Splits 2, 3]	State-Added: Prostate Cancer		
MA21.1	A digital rectal exam is when a doctor or other hear rectum to check for cancer and other health problem	-	
	a. Yes	1	
	b. No <b>Go to MA21.3</b>	2	
	Don't know/Not sure Go to MA21.3	7	
	Refused Go to MA21.3	9	
MA21.2	When did you have your last digital rectal exam?		(674)
	Read Only if Necessary		
	a. Within the past year (1 to 12 months ago)	1	

	<ul><li>b. Within the past 2 years (1 to 2 years ago)</li><li>c. Within the past 5 years (2 to 5 years ago)</li></ul>	2 3	
	, c	4	
	Don't know/Not sure	7	
	Refused	9	
MA21.3	A Prostate Specific Antigen or PSA blood test is a b check for prostate cancer. Have you ever had a PSA	~	ne doctors to (675)
	a. Yes		1
	b. No Go to Section 22: State-Added: Folic Acid		1 2
	Don't know/Not sure Go to Section 22: State	e-Added: Folic Acid	_
	Refused Go to Section 22: State-Added: Fo		9
MA21.4	When did you have your last PSA blood test?		(676)
	Read Only if Necessary		
	<ul><li>c. Within the past 5 years (2 to 5 years ago)</li><li>d. 5 or more years ago</li><li>Don't know/Not sure</li></ul>	1 2 3 4 7 9	
<b>Section 22:</b> S [Split 2, 3]	tate-Added: Folic Acid		
MA22.1	Do you currently take any vitamin pills or supplement	ats?	(470)
	a. Yes	1	
	b. No Go to Pre-MA22.4	2	
	Don't know/Not sure Go to Pre-MA22.4	7	
	Refused Go to Pre-MA22.4	9	
MA22.2	Are any of these a multivitamin?		(471)
	a. Yes	1	
	b. No Go to Pre-MA22.4	2	
	Don't know/Not sure <b>Go to Pre-MA22.4</b> Refused <b>Go to Pre-MA22.4</b>	7 9	
	Refused Go to 11c-141A22.4	7	
MA22.3	How often do you take these multivitamins?		(472-474)

ts

	a. Times per day	1	
	b. Times per week	2	
	c. Times per month	3	
	Don't know/Not sure	777	
	Refused	9 9 9	
	Refused	9 9 9	
	.4: If male or (female =>45), or female <45 with State-Added: Osteoporosis, Else continue	hysterectomy (	Q11.10=1), Go to
MA22.4	Have you heard of the B vitamin folic acid?		(475)
	a. Yes		1
	b. No <b>Go to Section 23: Osteoporosis</b>		2
	Don't know/Not sure <b>Go to Section 23:</b>	Octoonorosis	7
		-	9
	Refused Go to Section 23: Osteoporosis	S	9
If (MA22.1	= 1 and MA22.2 = 2,7,9) continue with MA22.5,	, ELSE go to M	A22.7.
MA22.5	Do any of the vitamin pills or supplements you ta	ake contain folic	acid? (476)
	a. Yes	1	
	b. No <b>Go to MA22.7</b>	2	
	Don't know/Not sure <b>Go to MA22.7</b>	7	
	Refused Go to MA22.7	9	
MA22.6	How often do you take this vitamin pill or supple	ement?	(477-479)
	a. Times per day	1	
	b. Times per week	2	
	Don't know/Not sure	777	
	Refused	999	
	Refused	995	<del>)</del>
MA22.7	Some health experts recommend that women take acid, for which one of the following reasons	e 400 microgran	ns of the B vitamin folic (480)
	a. To make strong bones	1	
	b. To prevent birth defects	2	
	c. To prevent high blood pressure	3	
	or		
	d. Some other reason	4	
Do not	Don't know/Not sure	7	
read these		-	
read these	D 0 1	0	

9

Refused

responses

a. Times per day

## **Section 23: State-Added Osteoporosis**

[Split 2, 3]

If male <65, Go to Section 24: State-Added: Health Plan

If male => 65, Go to MA23.4 If Female <40, Go to MA23.3 If Female => 40, continue

MA23.1 (WOMEN 40+) Have you ever been tested for osteoporosis by having a bone density scan, a test that scans and measures your bones, similar to an x-ray? (677)

a. Yes	1	
b. No		2
Don't know/Not sure	7	
Refused	9	

MA23.2 (WOMEN 40+) Have you ever been told that you have osteoporosis? (678)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA23.3 (ALL WOMEN) How often do you do strength-building exercise, like lifting free weights, using weight training machines, or doing push-ups or pull-ups? (679)

a. More than 3 times per week	1
b. 1-3 times per week	2
c. 1-3 times per month	3
d. Less than 1 times per month	4
e. Never	5
Don't know/Not sure	7
Refused	9

MA23.4 (All WOMEN, MEN 65+) How many servings of milk or milk products do you usually consume each day? One serving equals 8 ounces of milk or yogurt, or two slices of cheese.

(680)

	(000)
Less than one	0
1 Serving	1
2 Servings	2

3 Servings	3
4 Servings	4
5 or more servings	5
Don't consume milk or milk products	6
Don't know/Not sure	7
Refused	9

MA23.5 During the past month, did you take any supplements containing only calcium regularly, that is on most days? (680)

a.	Yes	1
b.	No Go to Section 24: Health Plan	2
	Don't know Go to Section 24: Health Plan	7
	Refused Go to Section 24: Health Plan	9

MA23.6 During the past month, did you take calcium.....

(682)

#### **Please Read**

a.	every day?	1
b.	on most days?	2
c.	or less than one-half of the days?	3
	Don't know	7
	Refused	9

#### Section 24: State-Added: Health Plan

[Splits1, 2, 3]

If Q2.2=1 or Q2.3=4 or Q2.3a=4, go to MA24.1. ELSE If Q2.3=5 or Q2.3a=5, go to MA24.2 ELSE If Q2.3 =1,2,3,8,77,99 or Q2.3a=1,2,3,8,77,99 go to MA24.3 ELSE If (Q2.1 = 7,9 or Q2.3 = 6,7,88 or Q2.3a = 6,7,88) go to SECTION 25: HEALTH INSURANCE - CHILD

MA24.1 The next question is about your Medicare coverage. For your medical care through Medicare, are you a member of an HMO like Secure Horizons Tufts Health Plan for Seniors, Harvard Pilgrim First Seniority, Blue Care 65, Fallon Senior Plan, or some other HMO? (683)

a. Yes Go to MA24_3	1
b. No Go to Section 25	2
Don't know Go to MA24_3	7
Refused Go to MA24 3	9

MA24.2 The next question is about your MassHealth or Medicaid coverage. For your medical care through MassHealth or Medicaid, are you a member of an HMO like Harvard Pilgrim Health Care, Neighborhood Health Plan, Fallon Community Health Plan, or some other HMO? (684)

a. Yes	}		]	l
b. No	Go to Section	25	2	2
	Don't know	Go to Section 25	$\overline{\gamma}$	7
	Refused Go to	Section 25	Ç	)

MA24.3 I'm going to read a list of health plan names. Please tell me if you belong to any of the following health plans. (If MA24.2 = 1, do not read MA24.3, part a "Blue Cross/Blue Shield" or part c "Tufts Health Plan") (685-686)

#### PLEASE READ

a. Blue Cross/Blue Shield b. Harvard Pilgrim Health Care If (MA24.1=1,7,9) or (Q2.2 = 2 and Q2.3 ne 4 and Q2.3a ne 4 and age ge 65) go to MA24.5, If age =07 or 09 Go to Section 25, Else go to MA24.8 c. Tufts Health Plan If (MA24.1=1,7,9) or (Q2.2=2) and Q2.3 ne 4 and Q2.3a ne 4 and age ge 65) go to MA24.6, If age =07 or 09 Go to Section 25, lse go to MA24.8 3 d. Fallon Community Health Plan Go to MA24.8 4 e. Neighborhood Health Plan Go to MA24.8 5 f. Some other health plan (specify:\_\_\_\_) Go to MA24.8 6

Do not read these responses. IF specified health plan = "g-l"then code as specified below; ELSE code "6" and record literal.

g. US Health Care Go to M	A24.8	8
h. Health Source Go to MA	24.8	10
i. Central Massachusetts Hea	lth Plan <b>Go to MA24.8</b>	11
j. Health New England Go to	MA24.8	12
k. New England Health Plan	Go to MA24.8	13
1. United Health Plan/Care G	o to MA24.8	14
Don't know	If (MA24.1=1,7,9) or (Q2.2 = 2 and Q2.3 ne 4	and
	Q2.3a ne 4 and age ge 65) )go to MA24.7,	
	Else go to SECTION 25:HEALTH	
	INSURANCE - CHILD	77
Refused	If (MA24.1=1,7,9) or (Q2.2 = 2 and Q2.3 ne 4	and
	Q2.3a ne 4 and age ge 65) )go to MA24.7,	
	Else go to SECTION 25:HEALTH	
	INSURANCE - CHILD	99

MA24.4 Blue Cross/Blue Shield has a number of different health plans. Is the specific Blue Cross/Blue Shield plan you belong to called....? (687-688)

#### PLEASE READ

a. Blue Choice	1
b. HMO Blue	2
c. Blue Care 65	3
d. Blue Care Elect	4
e. Network Blue	5
f. Master Medical	6
g. Master Health	8
h. MEDEX	10
g. Or something else? (specify)	11
Don't know	77
Refused	99

#### **Go to MA24.8.**

MA24.5 Is the specific Harvard Pilgrim Health Care plan you belong to called First Seniority?

a. Yes	1
b. No	2
Don't know	7
Refused	9

### **Go to MA24.8.**

MA24.6 Is the specific Tufts Health Plan you belong to called Secure Horizons Tufts Health Plan for Seniors? (690)

a. Yes	1
b. No	2
Don't know	7
Refused	9

#### Go to MA24.8.

MA24.7 [If MA24.1=7,9, add: "Just to be sure"] I'm going to read a list of health plan names that some people with Medicare belong to. Please tell me if you belong to any of the following health plans.

#### (691)

(689)

#### PLEASE READ

a. Blue Care 65		1	
b. First Seniority		2	
c. Secure Horizons		3	
d. Fallon Senior Plan		4	
d. MEDEX		5	
or			
e. Some other health plan (speci	ify)	6	
f. Don't know (Go to SECTIO	ON 25: HEALTH INSURANCE - CH	<b>HILD</b> ) 7	
g. Refused (Go to SECTION 2	25: HEALTH INSURANCE - CHIL	<b>D</b> ) 9	
MA24.8 How long have you belonged	to your current health plan?	(692)	
a. Less than 6 months	1		
b. 6 months to 1 year	2		
c. 1-2 years	3		
d. More than 2 years	4		
e. Don't know	7		
f. Refused	9		

# **Section 25: State-Added: Health Insurance Child** [Splits 1,2]

If Split=3, Section 28: State-Added: Lyme Disease, If Split = 1, 2, Continue

If Q10.5a = 8 and Q10.5b = 8 and Q10.5c = 8, Go to  $MA26\_3$ 

The next few questions are about health insurance and health care for children.

IF Sum of 10 a, b, & c > 1, Go to MA25.1. ELSE if MA10.1a = 99, Go to MA25.2. ELSE if sum of 10 a, b, & c = 1, Go to MA25.3.

MA25.1 We need to ask these questions only about one child in a household. What is the age of the child in your household, under the age of 18, who has had the most recent birthday? (693-694)

a.	Age (years, if <1, code 0) <b>Go to MA25.3</b>	
b.	Don't know/not sure Go to MA26.3	77
c.	Refused Go to MA26.3	99

MA25.2 If there are children in your household under the age of 18, what is the age of the child who has had the most recent birthday? (693-694)

a.	Age (years, if $<1$ , code 0)	
b.	No children in household Go to MA26.3	88
c.	Don't know/not sure Go to MA26.3	77
d.	Refused Go to MA26.3	99

MA25.3. (READ IF ONLY ONE CHILD): Please answer the next few questions about the child in your household. (READ IF MA25.1 = 0-17 or MA25.2 = 0-17): Please answer the next questions only about this child. How are you related to this child? Is this child a(n)...? (695-696)

#### PLEASE READ

a.	Natural-born or adopted son/daughter	01
b.	Stepson/stepdaughter	02
c.	Grandchild	03
d.	Foster child	04
e.	Niece or nephew	05
f.	Brother or sister	06
g.	Other relative	07
h.	Other non-relative	08
	Don't know/Not sure	77
	Refused	99

MA25.4. Does this child have any kind of health coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicaid, MassHealth, or Children's Medical Security Plan? (697)

a. Yes GO TO SECTION 26: ORAL HEALTH	1
b. No	2
Don't know/Not sure GO TO SECTION 26: ORAL HEA	<b>LTH</b> 7
Refused GO TO SECTION 26: ORAL HEALTH	9

MA25.5. There are some types of health care coverage you may not have considered. Does this child have coverage through your employer, someone else's employer, Medicaid, MassHealth, or some other source? (698)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

#### Section 26: State-Added: Oral Health

# QUESTIONS MA26.1 and MA26.2 REFER TO SAME CHILD FROM SECTION 25: HEALTH INSURANCE CHILD. IF Q10.5a = 8 and Q10.5b = 8 and Q10.5c = 8, go to MA26.3.

#### IF CHILD FROM SECTION 25 < 6 YEARS OLD, THEN GO TO MA26.2.

MA26.1. Within the last 12 months, has this child visited a dentist for a routine check-up, cleaning, or examination? (699)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA26.2. Was there a time during the last 12 months when this child needed dental care but did not receive it because of the cost, because no dentist would take your insurance, or because you could not find a dentist for this child? (700)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

MA26.3. The next three questions are about your own dental care. How long has it been since <u>you</u> last visited a dentist or a dental clinic for any reason? (481)

#### Read only if necessary

Include	a. Within the past year (1 to 12 months ago)	1
visits to		
dental spec-	b. Within the past 2 years (1 to 2 years ago)	2
ialists, such		
as ortho-	c. Within the past 5 years (2 to 5 years ago)	3
dontists		
	d. 5 or more years ago	4
	Don't know/Not sure	7
	Never	8
	Refused	9

MA26.4.	How many of your permanent teeth have been removed because of tooth decay or gum
	disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

	discuss. Es not morad total lost for strict rousens, such as injury of	011110001111101
		(482)
Include teeth	a. 5 or fewer	1
lost due to		
"infection"	b. 6 or more but not all	2
	c. All	3
	d. None	8
	Don't know/Not sure	7
	Refused	9

MA26.5. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMO's, or government plans such as Medicaid? (483)

### Read only if necessary

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

## Section 27: State-Added: Varicella/Shingles

[Splits 1,2]

MA27.1 Have you or anyone else currently living in your household had chickenpox in the past 12 months? (701)

a.	Yes	1
b.	No <b>Go to MA27.3</b>	2
	Don't know/Not sure Go to MA27.3	7
	Refused Go to MA27.3	9

MA27.2 What are the current ages of all those who had chickenpox in the past 12 months? (702-711)

Code ages	
0 = <1 year	a. Person #1
97 = 97 and older	b. Person #2
98 = Dk/Ns	[Etc.]
99 = Ref	

MA27.3	Have	you or anyone else currently living in your household ever had shing	les? (712)
	a.	Yes	1
	b.	No Go to SECTION 29: COMPUTER USE	2
	0.	Don't know/Not sure Go to SECTION 29: COMPUTER USE	7
		Refused Go to SECTION 29: COMPUTER USE	9
		Refused Go to SECTION 29: COMPUTER USE	9
MA27.4	What	are the current ages of all those who ever had shingles?	(713-722)
Code ages,			
0 = <1 year		a. Person #1	
97 = 97  and  6	older	b. Person #2	
98 = Dk/Ns 99 = Ref		[Etc.]	
•		For each person listed in MA27.4, in the same order as MA27.4) How they had shingles?	w old was the (723-732)
Code ages,		D #1	
0 = <1  year		a. Person #1	
97 = 97  and	older	b. Person #2	
98 = Dk/Ns 99 = Ref		[Etc.]	
Section 28: S [Split 3]	State-Ao	dded: Lyme Disease	
If Split=1, 2,	Go to S	Section 29: State-Added: Computer Use, If split=3, Continue	
MA28.1		would you rate your own chances of getting Lyme disease in the cond you say: <b>Please Read</b>	ning year? (704)
	a. Hig	·	
	b. Me		
	c. Lo		
	d. No		
	D.c.	n't Irnovy/Not own	
		n't know/Not sure 7	
	Ref	Fused 9	

MA28.2 Are you aware that there is a vaccine for Lyme disease?					(485)				
			Yes No <b>GO T</b> Don't know Refused	O MA28.5 w/not sure GO TO GO TO MA28.5	MA28.5	1 2 7 9			
MA2	28.3: Hav	e y	ou ever rece	eived the Lyme disea	ase vaccine?		(486)		
			Yes No			1 2			
			Don't know Refused	w/Not sure		7 9			
MA2	28.4 Do	you	plan on rec	eiving the Lyme dis	sease vaccine in	n the future?		(487)	
			Yes No Don't Refuse	know/Not sure	1 2 7 9				
	bite. Duri	ing	the past yea	Is have been sugges r, when in high risk e following measure	areas, such as	wooded or	grassy a	-	
a. V	Wearing l	ong	g pants tuck	ed into socks.					
	a. Alwa	•						1	
	b. Som		nes					2	
	c. Neve			G . G .	• •			3	
			_	rea Go to Section 2	29			4	
		on efu	t know/Not sed	sure				7 9	
b. L	ooking f	or t	icks on you	rself and removing.				(489)	
	a. Alwa	•						1	
	b. Som		nes					2	
	c. Neve	er						3	
			_	rea Go to Section 2	29			4	
			t know/Not	sure				7	
	R	efu	sed					9	
c. U	Jsing an i	inse	ct repellent	on your skin or clo	thes.		(490)		

(735)

a. Always	1
b. Sometimes	2
c. Never	3
d. Never in high risk area	4
Don't know/Not sure	7
Refused	9

# Section 29: State-Added: Computer Use [Split 1, 2 3]

# If Split =1 or 2, AND (Q10.7=3,4,5,7,8,9 AND =>65), Go to Section 30: Gambling If Split=3 and Q10.7<sup>1</sup>6, Go to Section 30: Gambling

Given the increased use of computers in society and their possible impact on health, we would like to find out about your computer use.

If Q10.7 = 1,2, Go to MA29.3 If Q10.7 = 3, 4, 5, 7, 8, or 9, Go to MA29.5 If Q10.7 = 6, continue with MA29.1

MA29.1 During a typical school week, do you use a computer keyboard or mouse for school? (733)

a. Yes	1
b. No <b>Go to MA29.3</b>	2
c. Not currently attending school Go to MA29.3	3
Don't know/Not sure Go to MA29.3	7
Refused Go to MA29.3	9

MA29.2 During a typical school week, how many hours a day on average do you spend using a keyboard or mouse for school? Would you say... (712)

a. 0-2 hours	1
b. 2-4 hours	2
c. 4-6 hours	3
d. 6-8 hours	4
e. more than 8 hours a day	5
Don't know/Not sure	7
Refused	9

MA29.3 If you have a job, do you use a computer keyboard or mouse for work?

a. Yes

b.	No Go to MA29.5	2
c.	Don't work Go to MA29.5	3
If answer is	Don't know/Not sure Go to MA29.5	7
no, ask "Do you	Refused Go to MA29.5	9
work?"		

MA29.4 During a typical work week, how many hours a day on average do you spend using a computer keyboard or mouse for work? Would you say... (736)

a. 0-2 hours	1
b. 2-4 hours	2
c. 4-6 hours	3
d. 6-8 hours	4
e. more than 8 hours a day	5
Don't know/Not sure	7
Refused	9

MA29.5 Do you use a computer keyboard or mouse at home for purposes other than work or school, for example, for surfing the web, email, games, etc? (737)

a. Yes	1
b. No Go to PRE-MA29.7	2
Don't know/Not sure Go to PRE-MA29.7	7
Refused Go to PRE-MA29.7	9

MA29.6 Approximately how many hours per day on average during the last week did you use a keyboard or mouse for these purposes. (738)

a. 0-2 hours	1
b. 2-4 hours	2
c. 4-6 hours	3
d. 6-8 hours	4
e. more than 8 hours a day	5
Don't know/Not sure	7
Refused	9

# PRE-MA29.7: IF MA29.1 = 1 OR MA29.3 = 1 OR MA29.5 = 1 THEN CONTINUE; ELSE GO TO PRE-MA29.9

MA29.7 In the last 6 months, have you experienced pain, aching, numbness, burning, or tingling in your

hands, wrists, arms, or neck when using a computer?	(739)	
a. Yes	1	
b. No <b>GO TO PRE-MA29.9</b>	2	
Don't know/Not sure GO TO PRE-MA29.9	7	
Refused GO TO PRE-MA29.9	9	
MA29.8 Have you experienced these symptoms when using a computer for	an hour or less?	(740)
a. Yes	1	
b. No	2	
Don't know/Not sure	7	
Refused	9	

### PRE-MA29.9: IF MA29.3 = 1,2 THEN CONTINUE; ELSE GO TO SECTION 30: GAMBLING.

MA29.9 What kind of business or industry do you work in? (Read if necessary: What do they make or do where you work?) (741)

Record Open-end

Don't know 7 Refused 9

MA29.10 What kind of work do you do, that is what is your occupation? (742) (Read if necessary: For example, plumber, typist, registered nurse, personnel manager.)

Record Open-end

Don't know 7
Refused 9

#### Section 30: State-Added: Gambling

[Split 3]

## If Split=1, 2, Go to Section 31: State-Added: Family Planning, If Split =3, Continue

One issue that may cause stress in a person's life or in relationships with others is gambling. The next questions are about gambling and games of chance.

MA30.1 I'm going to read a list of different kinds of gambling and games of chance. These are: lottery games including scratch tickets, numbers or Keno; bingo, video poker machines, or card games for money; horse or dog races; sports pools; or going to a casino. In the last 12 months, have you gambled

			6 /
or played	games of chance for money?		(743)
a.	Yes		1
	No Go to Section 31: Family Planning		2
	Don't know/Not sure Go to Section 31: Family Pla	anning.	7
	Refused Go to Section 31: Family Planning	8	9
	·		
	At any time in your life would you or anyone else in your gambling has led to financial problems or any other problems.	• •	-
a.	Yes	1	
b.	No	2	
	Don't know/Not sure	7	
	Refused	9	
Section 3: [Split 1, 2	1: State-Added: Family Planning		
[~piiv 1, <b>2</b>	, -,		
If male of	female >50, Go to Section 32: State-Added:Abstinen	ice	
The next f	ew questions ask about pregnancy and ways to prevent p	oregnancy.	
If pregna	nt now ("Yes" to core Q11.11), go to MA31.2a		
MA31.1.	Have you been pregnant in the last 5 years?		(491)
	a. Yes		1
	b. No Go to pre-MA31.3		2
	Don't know/Not sure <b>Go to pre-MA31.3</b>		7
	Refused Go to pre-MA31.3		9
MA31.2	Thinking back to your last pregnancy, just before you goecoming pregnant?	got pregnant, h	ow did you feel about (492)
	becoming pregnant.		(1)2)
Wot	ıld you say: <b>Please Read</b>		
	a. You wanted to be pregnant sooner		1
	b. You wanted to be pregnant later		2
	c. You wanted to be pregnant then		3
	d. You didn't want to be pregnant then or		-
	at anytime in the future		4
	J		· ·

	or	
	e. You don't know	7
4 1	D.C. I	0
not read	Refused	9
GO	TO pre-MA31.3	
00	710 ptc-MM31.3	
	n. Thinking back to just before you got pregnant with your current preput becoming pregnant?	egnancy, how did you feel (493)
Wo	ould you say: Please Read	
	a. You wanted to be pregnant sooner	1
	b. You wanted to be pregnant later	2
	c. You wanted to be pregnant then	3
	d. You didn't want to be pregnant then or at any	
	time in the future	4
	or	
	e. You don't know	7
not read	Refused	9
	A31.3 If respondent had [hysterectomy ("Yes" to core Q11.10) or it ore Q11.11)] Go to Section 32: State-Added: Abstinence	is pregnant now ("Yes"
now	Are you or your [fill in (husband/partner) from core Q10.4] using a ? Birth control means having your tubes tied, vasectomy, the pill, conchm, Norplant, shots (Depo-provera) or any other way to keep from ge	loms, diaphragm, foam,
a. Yes		1
b. No (	Go to MA31.5	2
c. Not se	exually active Go to Section 32: State-Added: Abstinence	3
Don't	know Go to Section 32: State-Added: Abstinence	7
Refuse	ed Go to Section 32: State-Added:Abstinence	9
MA31.4.	What kinds of birth control are you or your [fill in (husband/partr	ner) from core O10.41
	ng now?	(495-498)
	Kind Code	
	Read Only if Necessary	
	a. Tubes tied (sterilization)	0 1
	b. Vasectomy (sterilization)	0.2

If more than	c. Pill	0 3
one, code	d. Condoms	0 4
other and	e. Foam, jelly, cream	0 5
specify each	f. Diaphragm	0 6
method code	g. Norplant	0 7
	h. Shots (Depo-Provera)	0.8
	I. Withdrawal	0 9
	j. IUD	1 0
	k. Other [specify]	8 7
	Don't know/Not sure	77
	Refused	9 9
Go to Se	ection 32: State-Added:Abstinence	
MA31.5	. What are your reasons for not using any birth control now?	(499-502)
	Reason Code	
	Read Only if Necessary	
If more than	a. I am not having sex	0 1
one, code	b. I want to get pregnant	0 2
other and	c. I don't want to use birth control	0 3
specify each	d. My husband or partner doesn't want to use	
method code	birth control	0 4
	e. I don't think I can get pregnant	0 5
	f. I can't pay for birth control	0 6
	g. Other [specify]	8 7
	Don't know/Not sure	77
	Refused	99

# **Section 32: State-Added: Abstinence** [Split 2,3]

If Split=1, Go to Section 34: State-Added: Sexual Assault, If Split=2, 3, Continue

# If Q10.5b<8 or Q10.5c<8, continue with Section 32: State-Added: Abstinence Else go to Section 33: State-Added: Sexual Behavior

The next few questions ask you about your perceptions and attitudes about adolescent sexual activity including abstaining from sexual activity until marriage.

MA32.1 During the past 30 days, about how often have you heard or seen messages on TV or

(751-752)

radio, or during public events, promoting the importance of teens delaying sexual activity until marriage? (745)PLEASE READ a. Not at all in the past 30 days 1 b. About once or twice in the past 30 days 2 c. About once a week 3 d. Several times a week 4 7 Don't know/Not sure 9 Refused MA32.2 Out of every 10 Massachusetts high school students, about how many do you think have had sexual intercourse at least once? (746-747)a. Number (If respondent gives a range of two numbers (e.g., about 4 or 5), record the midpoint.) Don't know/Not sure 77 Refused 99 MA32.3 Starting at what age do think parents should begin to talk to their child about sexuality and ways to prevent teen pregnancy, HIV, and other sexually transmitted diseases? For example, this could include talking about abstinence. (748-749)Age (years) \_\_\_ Don't know/Not sure 77 Refused 99 IF (MA10.1a or MA10.1b or MA10.1c, etc is between 9 and 17 or (Q10.5c <8), go to MA32.4. Else go to Section 33: State-Added: Sexual Behavior MA32.4 Regarding the oldest child in your household between the ages of 9 and 17, is this child male or female? (750)Male 1 a. 2 b. Female No child age 9-17 Go to Section 33 3 Refused 9 If the oldest child in the household between the ages of 9 and 17 was selected for SECTION 25:

**HEALTH INSURANCE - CHILD, go to MA32.6.** 

MA32.5 How are you related to this child? Is this child a(n)...?

#### PLEASE READ

a.	Natural-born or adopted son/daughter	01
b.	Stepson/stepdaughter	02
c.	Grandchild	03
d.	Foster child	04
e.	Niece or nephew	05
f.	Brother or sister	06
g.	Other relative	07
h.	Other non-relative	08
	Don't know/Not sure	77
	Refused	99

MA32.6 During the past 12 months, about how often have you or other adults in the household had a conversation with this child regarding sexuality and ways to prevent pregnancy, HIV, and other sexually transmitted diseases? This could include talking about abstinence.

(753)

#### PLEASE READ

a.	More than once a month		1
b.	About once a month		2
c.	About once every few months	3	
d.	Once in the past 12 months		4
e.	Not at all in the past 12 months		5
	Don't know/Not sure		7
	Refused		9

# Section 33: State-Added: Sexual Behavior

[Split 2,3]

## If age =>65, go to Section 35: State-Added: Permission for Follow-up Survey

The next questions are about your sexual behavior. By sex we mean oral, vaginal, or anal sex, but NOT masturbation. When we talk about condoms, we mean both male as well as female condoms. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

MA33.1. [If MA31.3 = 3 or MA31.5 = 1] Before you indicated that you are not currently sexually active. Now, thinking about the past 12 month period, have you had sex? ELSE: During the past 12 months, have you had sex? (754)

a. Yes		1
b. No Go to Section 34: S	Sexual Assualt	2
c. Don't Know/ Not sure	Go to Section 34: Sexual Assualt	7

	d. Refused Go to Section 34: Sexual Assualt	9	
MA33.2.	During the past 12 months, with how many people have you had	sex? (755-757)	
	Number Don't know / Not sure 777 Refused 999		
If MA33.2 =	1, go to MA33.4		
MA33.3.	During the past 12 months, have you had sex with only males, or both males and females?	only females, or with (758)	
	<ul> <li>a. Only males</li> <li>b. Only females</li> <li>c. Both males and females</li> <li>Don't Know/ Not sure Go to Section 34: Sexual Assual</li> <li>Refused Go to Section 34: Sexual Assualt</li> </ul>	1 2 3 <b>lt</b> 7 9	
MA33.4.	Now, thinking back about the last time you had sex, did you or yo condom?	our partner use a (759)	
	<ul> <li>a. Yes If MA33.2 = 1, go to MA33.5.</li> <li>Else go to Section 34: Sexual Assualt</li> <li>b. No Go to Pre-MA33.5</li> <li>Don't Know Go to Section 34: Sexual Assualt</li> <li>Refused Go to Section 34: Sexual Assualt</li> </ul>	1 2 7 9	
Pre-MA55.3	If MA33.3 = 1,2, go to Pre-MA33.6.		
MA33.5.	The last time you had sex, was your partner male or female? (760	))	
a. Ma b. Fer		2 7 9	
Pre-MA33.6 If MA33.4 = 1, go to SECTION 34: SEXUAL ASSAULT. Else if MA33.3 = 1 or MA33.5 = 1, go to MA33.6. Else if (MA33.3 = 2 or MA33.5 = 2) and Q10.18 = 1, go to MA33.6. Else if (MA33.3 = 2 or MA33.5 = 2) and Q10.18 = 2, to to SECTION 34:			

#### SEXUAL ASSAULT

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MA33.6. Which best describes the reason you did not use a condom the last time you had sex? **PLEASE READ** (761-762)

[if Q10.18 = 1 and (MA33.3 = 1 or MA33.5 = 1), then read a,b,c,d,e,f,i]

[if (Q10.18 = 2 and (MA33.3 = 1 or MA33.5 = 1)) or (Q10.18 = 1 and (MA33.3 = 2 or MA33.5 = 2)),then read a,b,c,d,g,h,i].

a. No condom was available	1
b. I was too embarrassed or afraid to discuss using a condom	2
c. My partner refused to use a condom	3
d. I did not believe I or my partner was at risk	4
e. I believed my partner and I had the same HIV status	5
f. We did not have anal sex	6
g. My partner and I were trying to get pregnant	8
h. We did not have vaginal or anal sex	10
i. Some other reason	11
Don't Know / Not Sure	77
Refused	99

### Section 34: State-Added: Sexual Assault

[Split 1,2,3]

### If age => 60, go to Section 35: State-Added: Permission for Follow-up Survey

This final section is about unwanted sexual contact which many people have experienced. The person who makes unwanted sexual contact isn't always a stranger. It can be a friend, a boyfriend or girlfriend, or a family member. Also, these incidents could have happened when you were a child or as an adult or both. These questions may bring up uncomfortable feelings. If you would like to talk with a counselor after the survey, you can call a toll-free, confidential, sexual assault hotline at 1-800-922-8772. I will start the questions now. Remember, you may chose whether or not you wish to respond to any question.

MA34.1 Has anyone ever had sexual contact with you that you didn't want? (763)

a.	Yes	1
b.	No Go to Section 35: Follow-up	2
	Don't know/not sure Go to Section 35: Follow-up	7
	Refused Go to Section 35: Follow-up	9

MA34.2 When was the last time you experienced unwanted sexual contact? (764-765)

1

#### Please read if necessary:

a. within the past 12 months

b.	1 to 5 years ago	2
c.	6 to 10 years ago	3
d.	11 to 15 years ago	4
e.	16 to 20 years ago	5
f.	21 to 25 years ago	6
g.	26 to 30 years ago	8
h.	31 to 35 years ago	10
i.	36 to 40 years ago	11
j.	41 or more years ago	12

## Don't read these responses:

Don't know/not sure 77
Refused 99

MA34.3 In this most recent incident of unwanted sexual contact, was there one person or more than one person who made you have sexual contact when you didn't want to? (766)

a.	One	1
b.	More than one	2
	Don't know/not sure Go to MA34.5	7
	Refused Go to MA34.5	9

MA34.4 [If MA34.3 = 1] Was this person male or female?

[If MA34.3 = 2] Were these people male, female or both males and females? (767)

a.	Males	1
b.	Females	2
c.	Both males and females	3
	Don't know/not sure	7
	Refused	9

MA34.5 What was your relationship to the person(s) who had this contact with you? (768-773) (if MA34.3 = 2, ask for each person. Code up to 3)

a.	stranger	1
b.	current or ex spouse or live in partner	2
c.	date, or current or ex boyfriend or girlfriend	3
d.	parent or step-parent	4
e.	relative other than a husband or parent or step parent	5
f.	someone you know in a professional context, such as a co-worker h	ealth
professiona	al, or professional caretaker	6
g.	some other acquaintance or friend	7
h.	someone else (specify)	8

Don't know/not sure	77
Refused	99

### If MA34.2 = 1 OR 2 THEN continue with MA34.6. Else go to MA34.7

MA34.6 If you did tell anyone about this most recent incident, who did you tell? Did you tell a(n)...

	<u>Yes</u>	<u>No</u>	Don't know	Refused
a. friend	1	2	7	9 (774)
b. family member	1	2	7	9 (775)
c. member of clergy	1	2	7	9 (776)
d. medical provider	1	2	7	9 (777)
e. police	1	2	7	9 (778)
f. rape crisis hotline/counselor	1	2	7	9 (779)
g. therapist	1	2	7	9 (780)
h. anyone else (specify)	1	2	7	9 (781)
Ask response i. Only if a-h=2				
i. no one (until now)	1	2	7	9 (782)

MA34.7 Did this or any other incident of unwanted sexual contact in your life include any kind of completed or attempted penetration of any part of your body with any object or body part? This would include attempted or completed oral, anal, or vaginal sex without your consent. (783)

a.	Yes	1
b.	No	2
	DK/not sure	7
	Refused	9

Read to all: Again, if you would like to talk with someone at a confidential sexual assault hotline, you can call toll free, 1-800-922-8772. (Ask if they need time to write it down or hear it again)

#### Section 35: State-Added: Permission for Follow-up Survey

MA35.1 Finally, would you be willing to be contacted at some time in the future to participate in a follow-up survey? (784)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

## **Closing Statement**

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

In what language was this interview completed? (785)

English	1

Spanish 2 Portuguese 3

# Activity List for Common Leisure Activities Coding List A Code Description

		28. Racketball	
01. Aerobics class		29. Raking lawn	
02. Backpacking		30. Running	
03. Badminton		31. Rope skipping	
04. Basketball		32. Scuba diving	
05. Bicycling for pleasure		33. Skating - ice or roller	
06. Boating (canoeing, rowing,		34. Sledding, tobogganing	
sailing for pleasure or		35. Snorkeling	
camping)		36. Snowshoeing	
07. Bowling		37. Snow shoveling by hand	
08. Boxing		38. Snow blowing	
09. Calisthenics		39. Snow skiing	
10. Canoeing/rowing - in		40. Soccer	
competition		41. Softball	
11. Carpentry		42. Squash	
12. Dancing-aerobics/ballet		43. Stair climbing	
13. Fishing from river bank or b	oat	44. Stream fishing in waders	
14. Gardening (spading, weeding,		45. Surfing	
digging, filling)		46. Swimming laps	
15. Golf		47. Table tennis	
16. Handball		48. Tennis	
17. Health club exercise		49. Touch football	
18. Hiking - cross-country		50. Volleyball	
19. Home exercise		51. Walking	
20. Horseback riding		52. Waterskiing	
21. Hunting large game - deer,		53. Weight lifting	elk
22. Jogging		54. Other	
23. Judo/karate		55. Bicycling machine exercise	
24. Mountain climbing		56. Rowing machine exercise	

25. Mowing lawn26. Paddleball

27. Painting/papering house

## **Lap Swimming**

# Size pool/Laps (1 lap = 2 lengths)

50 ft. pool 5 laps (10 lengths) = .1 mile 100 ft. pool  $2\frac{1}{2} \text{ laps } (5 \text{ lengths}) = .1 \text{ mile}$  50 meter pool  $1\frac{1}{2} \text{ laps } (3 \text{ lengths}) = .1 \text{ mile}$ 

## Running/Jogging/Walking

1/2 mile = .5 mile 1/4 mile = .3 mile 1/8 mile = .1 mile 1 block = .1 mile